

Oregon State Plan on Aging

2017 - 2021

Overview

Forum on Aging in Rural Oregon



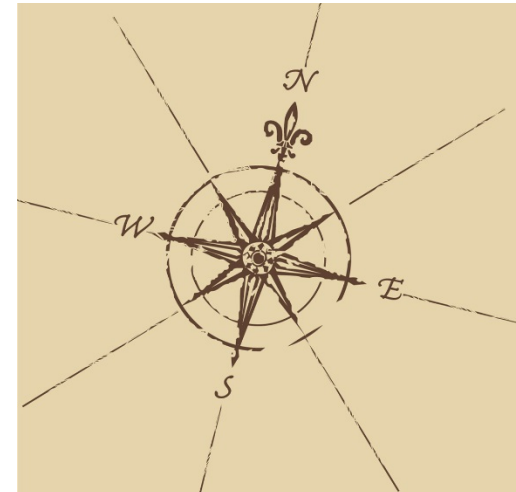
DHS Mission

Help people become independent, healthy and safe

To help Oregonians in their own communities achieve wellbeing and independence through opportunities that protect, empower, respect choice and preserve dignity.

State Plan on Aging – Introduction

- Oregon administers Title III and Title VII of Older Americans Act (OAA)
- State Plan – Agreement between Oregon and federal Administration for Community Living (ACL)
- Road map for State Unit on Aging (SUA) and aging network for 4 years, includes:
 - Vision for the future
 - Goals and priorities
 - Strategies to meet goals
 - Measurable outcomes



State Unit on Aging

- Implements OAA programs dedicated to supporting seniors in their homes and communities
- Provides training and technical assistance
- Manages distribution of federal funds
- Provides oversight and program coordination
- Coordinates Oregon's Aging and Disability Resource Connection (ADRC)
- Oversees Oregon Project Independence
- Works with Area Agencies on Aging (AAA) on:
 - Planning, advocacy and development of services

Area Agencies on Aging (AAAs)

- 17 AAAs in Oregon
 - Provide direct information and services to seniors and people with disabilities across Oregon
 - Manage Oregon Project Independence
 - Develop a regional Area Plan on Aging



State Plan Planning (Where did we start?)

- We looked to Area Plans and identified priorities
- We consulted with AAAs, consumers and others
- We looked at data and trends
- We talked with Commissions
- We formed an Advisory Workgroup
- And, conversations will continue...

Trends

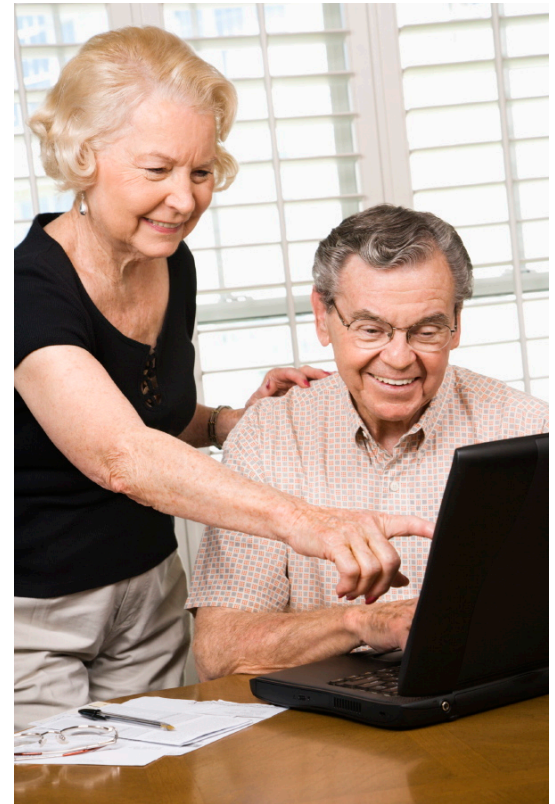
- Fast-growing population of older adults
- Increasing number of people with disabilities
- Growing racial, ethnic diversity
- Uneven pace of economic recovery, especially in rural parts of the state; jobs returning, but with lower skills, wages & hours
- Increasing cost of housing
- Uncertainties re: federal programs and funding

2017-2021 Oregon State Plan on Aging Vision:

All Oregonians are able to safely age in the setting of their choice, in health and independence, with honor and dignity, and respect to their cultural, socio-economic, geographical placement and linguistic needs.

In addition, strategies will:

- Be person-centered;
- Support or enhance service equity;
- Involve and educate local advocates/ groups so they can speak on behalf of their communities.



Core principles

Collaborate and leverage resources whenever possible.

- Create and strengthen partnerships
- Coordinate efforts

Implementation must be obtainable, and outcomes measurable, with the funding and resources available.

Core principles (cont.)

Enhance or develop activities to assure services are provided to those at greatest risk and in greatest need.

- Balance mandate to serve all older adults while targeting services to those most in need.



Core principles (cont.)

Sustainability should guide selection of activities.

- Encourage innovation to maximize/allow services within very limited resources
- Invest in preventive programs to help contain costs
- Gather data to document outcomes and concrete cost savings calculation



State Priorities

- Aging and Disability Resource Connection (ADRC)
- Person-Directed Services and Supports
- Service Equity
- Collaboration/public-private partnerships
- Identification, support and education of community level groups and advocates (particularly in rural areas)
- Health & Medical Equipment/Assistive Technology services and devices
- Public Education/Outreach/Advocacy

Required Focus Areas

- Older Americans Act (OAA) Core Programs
 - Nutrition Services
 - Disease Prevention/Health Promotion
 - Caregiver Programs
 - Legal Assistance and Elder Rights Protection
 - Native American Programs
- Aging and Disability Resource Connection (ADRC)
- Participant-Directed/Person-Centered Planning
- Elder Justice

ADRC/No Wrong Door - Objectives

- Ensure that ADRC funding is diverse, sufficient and sustainable.
- Increase consumer awareness of ADRC services and access to public and privately funded programs and resources.
- Ensure a sustainable Information and Referral and Options Counseling system.
- Maintain support for the statewide technology infrastructure.

Person-Directed Services and Supports - Objectives

- Integrate person-centered principles into all SUA activities, ADRC and OAA programs.
- Actively promote and integrate the philosophy of Person-Directed Services and Supports across the long-term services and supports spectrum.

Nutrition Services and Programs - Objectives

- OAA funded nutrition services will be provided in a manner inclusive of the diverse populations of Oregon to ensure equity, and will support individualization of nutrition services to meet nutritional and social interaction needs.
- Support sustainability of OAA nutrition programs.

Disease Prevention & Health Promotion - Objectives

- Support AAAs in expanding reach of evidence-based health promotion programs.
- Collaborate with state and local partners to address health of older adults.

Family Caregiver Support Program (FCSP) - Objectives

- Increase community awareness of services, including respite care.
 - Reach out to older caregivers of young children or adult children who live with a disability.
- Increase availability of caregiver education, especially for caregivers supporting loved ones with dementia.
- Increase outreach to better serve at risk family caregivers.
 - Those with limited English proficiency, LGBTQ, members of specific ethnic groups, and Native Americans.

Legal Assistance and Elder Rights Protection Programs - Objectives

- Increase the aggregate effectiveness of service delivery and elder rights outreach programs.
- Delivery of AAA-contracted legal services will be supportive of all applicable legal service standards developed by the SUA, Legal Services providers and AAAs.

American Indian Programs- Objectives

- Work to improve Title III/Title VI coordination at the state level by working with APD staff, leadership, and the nine tribes to ensure coordination of communication, information, and services.
- Work with AAAs to reach out to tribes and organizations that serve tribal elders to ensure access to services to all elders regardless of where they may live.

Discussion

How might State Plan on Aging strategies better meet needs of older adults in rural and frontier areas?

How could the next statewide needs assessment be implemented across rural Oregon to achieve the most valid information?

Contact Information

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State Plan Available at:
<http://www.oregon.gov/DHS/SENIORS-DISABILITIES/SUA/Pages/index.aspx>

Thank you!