



An Innovative Program
Keeping Older Adults
Independent in the Community

Objectives

- Provide an Overview of Providence ElderPlace Oregon
- Describe some key elements of a PACE -Program of All Inclusive Care for the Elderly
- Dialogue about our experience in providing PACE in a Rural setting

Scope of Our Program

- Providence ElderPlace is a PACE Program
 - **Program of All Inclusive Care for the Elderly**
- Currently serving 1401 frail elders in Multnomah, Washington,
 Clackamas, Clatsop and Tillamook Counties, OR
- •97% are dually eligible Operational for 27yrs
- •9 Health and Social (PACE) Centers
- •1 ALF and 2 Residential Care Facilities
- •124 PACE programs in 31 states

Scope of Our Program

Unlike other Medicare / Medicaid managed care programs operated in the State of Oregon..... PACE is unique

Provider Based Program

Interdisciplinary team approach

Assumes full risk until death or discharge – meeting long term needs

40+ years of experience managing medically complex care with capitation

Scope of Our Program

Unlike other Medicare Advantage programs, PACE serves a subset of the most frail beneficiaries.....

Creates a 'medical home' built on a long term relationship with a PCP who manages chronic and urgent care needs.

Provides access to an integrated Medicare & Medicaid benefit package

PACE organization are health care providers, not just insurers

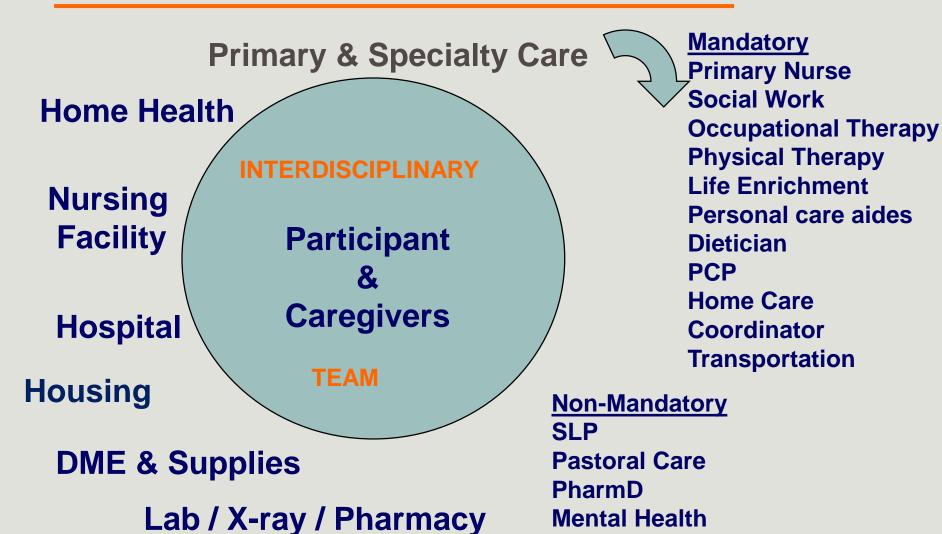
Fully accountable for cost AND quality



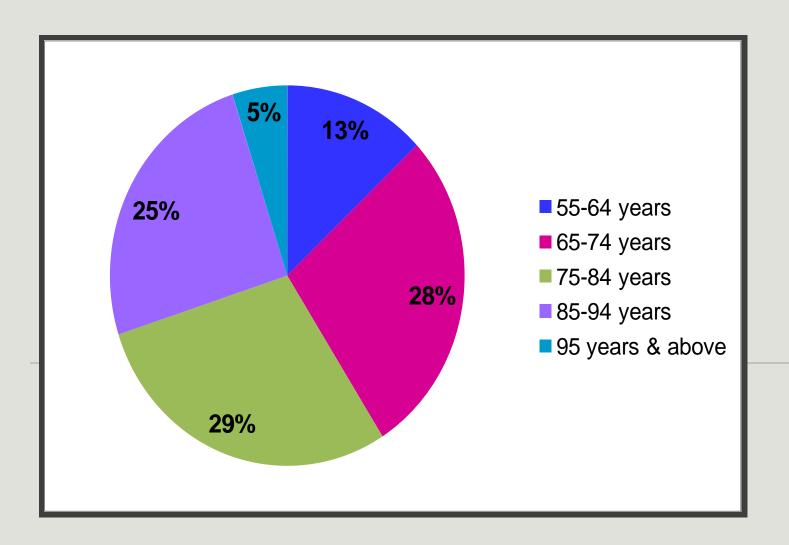
Who Does PACE serve?

- 55 years and older
- Nursing Facility eligible
- •Able to live in the community
- •Reside in our service areas

ElderPlace Care Model



Participant Age - December 31, 2017



ElderPlace Participant Characteristics

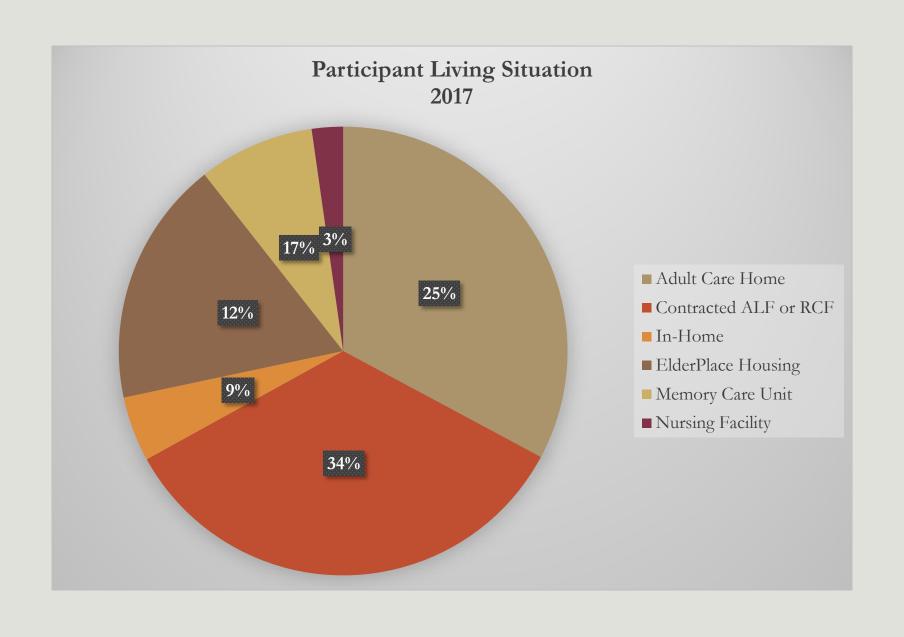
Average age	78 yrs
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- •Average length of time in EP 3.9 yrs
- Participants with dementia diagnosis 72%
- Participants with mental health diagnosis 69%

DataPACE 2 comparative stats 2017

	PEP- OR	NPA Peer Group
Permanent Nursing Home Placement	2.26%	4.69%
% Medicaid enrollees w/ 5-6 ADLs	52.4%	35.85%
Average Age	78.00	76.73
Years in Program	3.53 years	2.48 years

HCC (Diagnostic) Category	PEPP %	All PACE Programs %
Drug & Alcohol Misuse	6.9	1.64
Congestive Heart Failure	25.1	21.17
Major Depression, Bipolar & Paranoid	31.4	21.23
Renal Failure	32.6	29.07
Vascular Disease	21.6	28.18
Polyneuropathy	15.8	12.35
Hemiplegia/Hemiparesis	12.2	10.74



PACE is responsible for all Medicare & Medicaid benefits. We receive

capitated, prospective payment.



PEP-OR employs nurse practitioners and physicians board certified in internal medicine, geriatrics and/or palliative care. PACE Center activities offer opportunities for socialization.

Addressing isolation in a meaningful way for our elders.





Transportation is a vital component of the PACE program.

Assuring access and compliance with medical care.

This is especially challenging in rural settings



PACE serves individuals across the continuum.



PACE focuses on prevention and maintaining function.

PEP-OR sites currently range in size from 69 to 378 participants.
Our newest site is in Beaverton, OR.





PACE program offers intensive social work case management.

Social Workers offer mental health counseling; coordinate D/Cs & transfers; assist in accessing resources; are instrumental in end of life care.

We staff at 1 MSW: 65 participants.

Integrated Mental Health Services

- *Intake and Enrollment consultation and transition planning
- *MH embedded in unique way with primary care
- *MH treatment integrated into overall POC
- *PHQ-9 screening q 6 months
- *Site groups-changes group, chronic pain, life skills etc

ElderPlace Mental Health Team

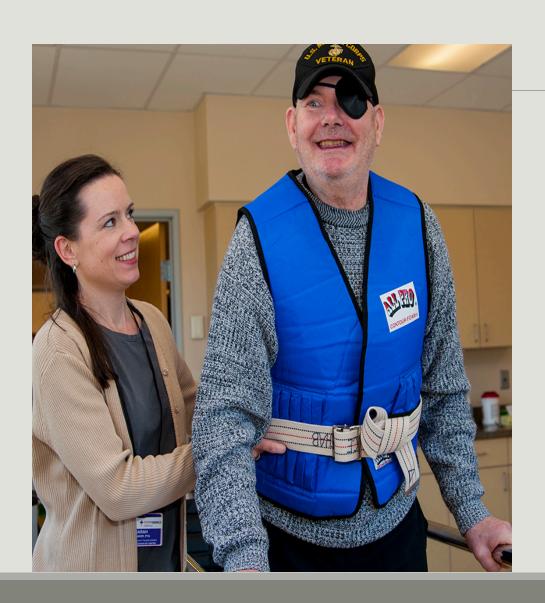
PMHNP

LCSW-Mental Health Case Manager

Consulting Psychiatrist

Contract providers:

Behavior Specialist Support, Neuropsychologist



Participants have improved health status & quality of life, lower mortality rates, increased choice in how time is spent, and greater confidence in dealing with life's problems.

(Recent Abt Associates Study)

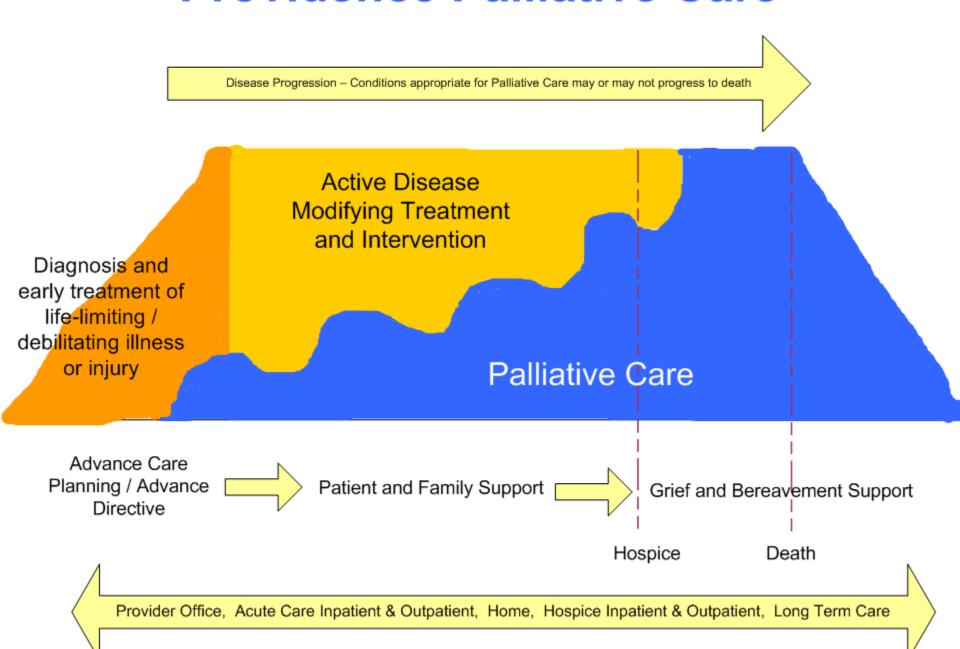
Outcome from Price,
Waterhouse, Cooper
Actuarial Report of 2006 –
ElderPlace is 86% of avg.
LTSS costs for comparable
population in Multnomah
County.

end of life care to our enrollees 236 Deaths Occurred in 2017

- •95.8% had POLST forms delineating wishes
- •93.4% had POA for health care
- •89.4% were receiving palliative care at death
- •98% had bereavement follow up

(*Q1 – Q4 2017 averages)

Providence Palliative Care



Quality and Outcome Performance

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Palliative Care at death (Goal >=75%) 90.7%
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POLST Completion Rate (>=95%) 96.1%

Power of Attorney Health Care (>=80%) 95.7%

Pneumovax (>=95%) 95%

Influenza (>=95%) 95%

30 Day Unplanned Readmissions ~ same cause (<10%) 6.4%

Pressure Ulcer Prevention(95%) 99%

Q1 2018 Results

Staying Healthy

Provider Access

80% of participants see their Primary Care Provider or PCP (physician or nurse practitioner) each month

- ElderPlace averages 2 visits per month
- Medicare averages 5 visits per year
- Average caseload for EP PCP is 116 participants

Staying Healthy

93% of participants see their RN in the clinic each month

Participants see their Social Worker on average 4 times per month

Direct Care Access

Participants, families, caregivers have direct access 24 hours per day/7 days per week

Satisfaction Measures

Participant Satisfaction - Overall — 92.4%

- Based on interview of 359 participants 2017
- Completed annually

End of Life Overall Satisfaction - 92%

- 2016 58 Surveys completed instrument mailed 6 weeks after death
- Completed q 2 years

Family Satisfaction "Would Recommend" -94%

- 2016 Annual mailed survey with 112 Responses
- Completed q 2 years

^{*} percentages include agree + strongly agree

Supplemental Payments for Performance Incentive Measures

		Current Quarter Results (Q1	
Measure	Target	2018)	Met ?
Palliative Care identified at time of death	Equal or > 82.5%	90.7%	Yes
Participants with a Dementia Diagnosis are prescribed a Dementia Specific medication	Equal or > 50%	51.27%	Yes
Percentage of population with an ICF stay greater than 90 days	< 3.5% of total population served	1.9%	Yes
Emergency Department Follow-up by PCP/ MHNP/ RN	Equal or > 75%	96%	Yes
Pressure Ulcer Prevention	Equal or > 98%	99%	Yes

Providing PACE in a Rural Setting

Providence ElderPlace North Coast –

Opened – April 2015

- Currently serving 72 frail elders from Astoria to North Tillamook
 Counties, OR
- Established a small PACE Center on Hwy 101
- Collaborate closely with Providence Seaside Hospital and Providence Medical Group

Community

- Routine meetings with RCF & ALF housing partners, NF's, NWSDS, Networking groups
- □ Primary referral sources include housing partners, NWSDS, local hospital care management, local providers, local home health agencies, walk-ins
- Positives
 - Small town feel
 - People know each other participants / staff / families
 - Work very closely with fewer partners
 - High volume of potential referrals with limited services and demographics
 - Ability to provide our services and transportation to a rural population in need

Community Physician Waiver

- □CMS approved a waiver to allow us to use local Providence Medical Group Physicians
- ☐ Has allowed participants to keep their physician
- ☐ Have supported us when we had vacant provider position
- ☐ Have folded our program / participants into their after hours coverage
- ☐ Challenge with their involvement with care planning and completing the Epic Care Plan ~ a CMS requirement
- □ Relationship with our permanent provider has been / is KEY
- ☐ In surrounding areas ~ other health systems not covered by waiver ~ challenges with having prospective participants change providers

Rural Experiences / Challenges

Geography

- □ Significant geographic spread limits access ~ RN, SW, NP visits in the community take away from staff being in center / clinic ~ fewer community visits & lots of costly windshield time
- ☐ Geographic spread extends participants time on bus

Living Situations

- ☐ Limited adult care homes
- □ Cost of rentals is prohibitive ~ affordable = poor condition / area of town
- ☐ Affordable hotel rooms not equipped adequately
- Rentals don't allow recommended home modifications
- ☐ High turnover in residential, assisted living, and nursing facilities

Rural Experiences / Challenges cont.

Staffing

- ☐ Fortunate initially with fairly good retention
- Low candidate pools for new positions needed for growth
- ☐ Challenge filling on-call positions

Working with hospitals ~ primarily one Providence and one external

- ■Not familiar with model
- □ Different electronic health records outside of Providence
- Support of local Providence hospital has been key sharing staff in kitchen, rehab, home health, facilities and dieticians
- ☐ Referrals from area hospitals
- ☐ Routine meetings / communication / collaboration

Rural Experiences / Challenges cont.

Other

- Lack of housing options occasionally results in moves to Portland
- □Some specialty services not available, which results in high cost transport
- Occasional hospitalizations in Portland costly, and also result in NF stays in Portland
- ☐ Growth ahead of target ~ business plan was 80 in 5 years
- Performance exceeding targets, financially, quality, utilization

Dialogue



PACE

For more information about PACE do the following:

Visit <u>www.npaonline.org</u> on the web. This website is sponsored by the National PACE Association.

Visit <u>www.medicare.gov/Nursing/Alternatives/PACE.asp</u> on the web.

Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

www.providence.org/elderplace