

# Navigating Healthcare for Aging Adults in Rural Oregon in the years to come.


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What  
about  
Dad?



# Learning Objectives



Describe the current and foreseeable needs of rural elderly in Oregon.



Develop community-based strategies for closing the gap between present and anticipated care needs.



News

# La Pine steps up to help three senior sisters living in car

*Effort underway to get them trailer before winter*

By: Katie Zuniga



Posted: Nov 01, 2018 07:50 PM PDT

Updated: Nov 01, 2018 07:50 PM PDT



City or Zip...

**Bend, OR**

Today  
10:00am

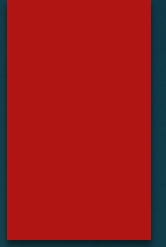
24-h  
forec

Recommend



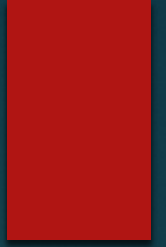






What are the  
Needs and  
Issues?





# Healthcare – Physician and caregiver shortage



## Decreased Access



Housing/ caregivers



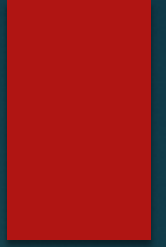
Food//Supplies



Transportation



Medical



- Limited Income
- Social Isolation
- No access to healthcare
- Chronic illness
- Housing problems
- Lack of transportation





Bridging the  
Gaps with  
Community  
Based  
Solutions.





# Aging in Place







# Main Street Solutions



Think outside  
the Box





# Home Safety

# Aging safely at home



Fall prevention



Home Smoke alarms, Co2 detectors



Transportation needs



Fresh food and groceries



Prescription costs and limited income



Dementia concerns guns, driving, working





# Transportation





Churches and community groups



Communities can make a difference!

