

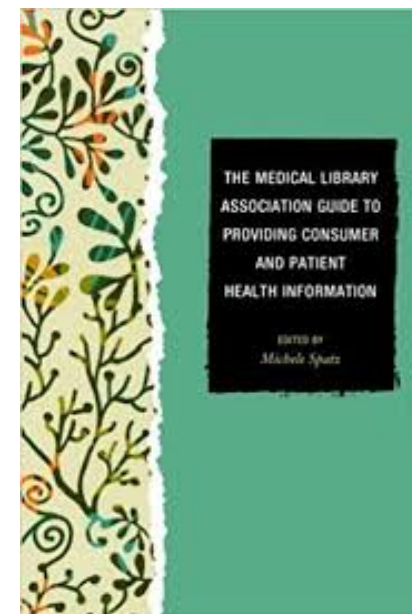
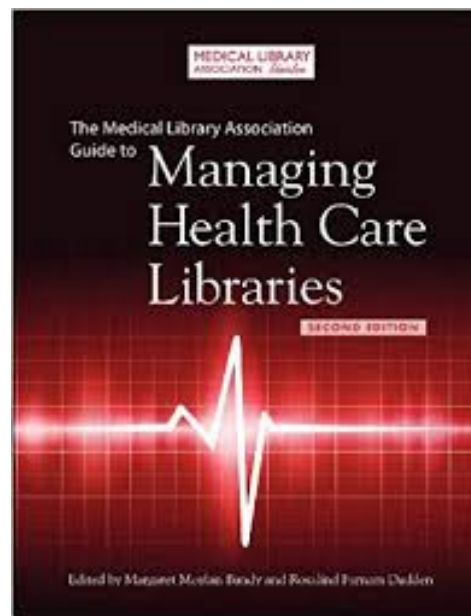
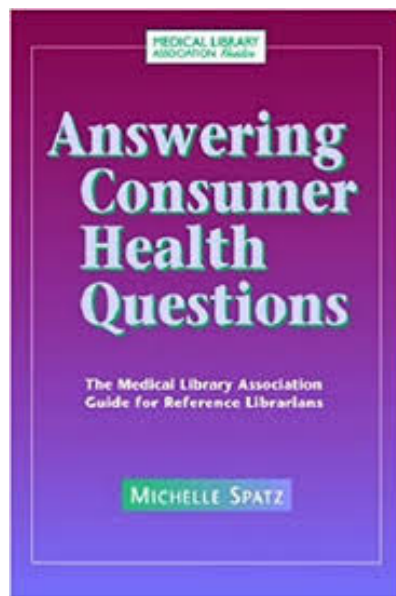
The Online Doctor Will See You Now: Health Resources for Rural Elders

By: Michele Spatz, M.S.

NNLM All of Us Community
Engagement Coordinator

NNLM PNR, University of
Washington, Seattle, WA





Introduction

Objectives

Introduce at least one health/medical website for evidence-based elders' health information resource that is new to you.

Improve your ability to respond to elders' health-related questions.



Why health information matters

Kessels RPC. Patients Memory for Medical Information.
J R Soc Med 2003;96:219–222

- **40–80%** of medical information provided to patients by healthcare practitioners is **forgotten immediately**.
- The greater the amount of information presented, the lower the proportion correctly recalled.
- Almost **half of the information that is remembered** is **incorrect**.



Of U.S. Adult Internet Users...

- 72% have searched online for health information, primarily on specific diseases and treatments
- 26% have read (or watched) someone else's health experience about health or medical issues
- 16% have gone online to find others who share the same health concerns.

Elder:
Can you show
me where
to find
information
on Lupus?





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Learn about prescription drugs, over-the-counter medicines, herbs, and supplements



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Medical Encyclopedia

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Reading to toddlers sets the foundation for later independent reading. Studies show that kids with active exposure to language have social and educational advantages over their peers and reading is one of the best exposures to language.
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El abdomen se extiende desde abajo del pecho hasta la ingle y contiene muchos otros órganos importantes. ¿Cuándo un dolor abdominal puede significar algo más serio? Eso y más aquí [owl.ly/twq30H00H5](#)



34min

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Página actualizada 5 septiembre 2018 Dirección de esta página: <https://medlineplus.gov/spanish>

Two Easy Ways to Search



The screenshot shows the MedlinePlus website interface. At the top, the U.S. National Library of Medicine logo is on the left, and the MedlinePlus logo with the tagline "Trusted Health Information for You" is in the center. To the right of the logo is a search bar labeled "Search MedlinePlus" with a green "GO" button. A red arrow points to this search bar. Below the logo, there are links for "About MedlinePlus", "Site Map", "FAQs", and "Customer Support". A navigation bar contains "Health Topics", "Drugs & Supplements", "Videos & Tools", and a link to "Español". On the left side, there are six green boxes with icons and text: "Health Topics" (apple icon), "Drugs & Supplements" (pill icon), "Videos & Tools" (play button icon), "Lab Test Information" (flask icon), and "Medical Encyclopedia" (book icon). The main content area features a "Share MedlinePlus" section with social media icons, a "Have you heard?" section about a new newsletter, a "Tweets by @MedlinePlus" section with a tweet about reading to toddlers, a "Stay Connected" section with an email sign-up form, a "NIH MedlinePlus Magazine" section with a cover image, and a "Clinical Trials" section. At the bottom, there are links for "Easy-to-Read Materials", "Organizations and Directories", "Health Information in Multiple Languages", and "MedlinePlus Connect for EHRs". The footer contains a disclaimer, copyright information, and contact details for the U.S. National Library of Medicine.

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Low Cholesterol Diet *see* [How to Lower Cholesterol with Diet](#)

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LTK *see* [Laser Eye Surgery](#)

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Lymph Nodes *see* [Lymphatic Diseases](#)

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[Home](#) → [Health Topics](#) → [Lupus](#)

Lupus

Also called: Discoid lupus, SLE, Subacute cutaneous lupus, Systemic lupus erythematosus



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- [Start Here](#)
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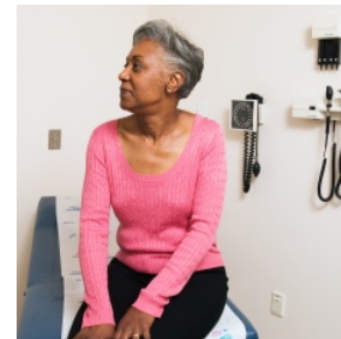
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Summary

What is lupus?

Lupus is an autoimmune disease. This means that your immune system attacks healthy cells and

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Lupus

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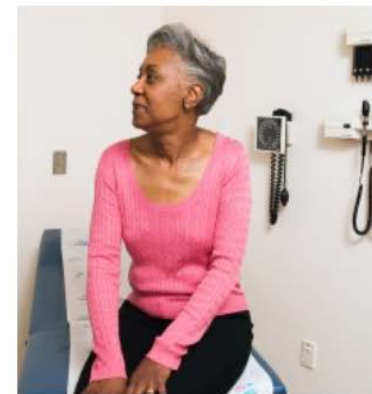
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Lupus

Also called: Discoid lupus, SLE, Subacute cutaneous lupus, Systemic lupus erythematosus



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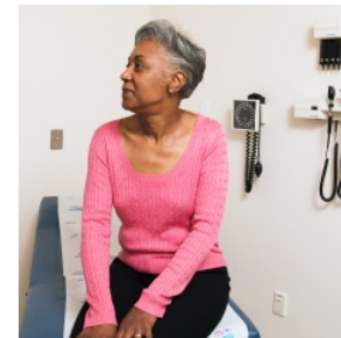
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Summary

What is lupus?

Lupus is an autoimmune disease. This means that your immune system attacks healthy cells and

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relax may make it easier for you to cope. A good support system can also help.


NIH: National Institute of Arthritis and Musculoskeletal and Skin Diseases

Start Here


- [I Am Newly Diagnosed with Lupus](#) (Lupus Foundation of America)
- [Lupus among Asians and Hispanics](#) (Centers for Disease Control and Prevention)
Also in [Spanish](#)
- [Systemic Lupus Erythematosus \(Lupus\)](#)  (National Institute of Arthritis and Musculoskeletal and Skin Diseases)
Also in [Spanish](#)



Diagnosis and Tests

- [ANA \(Antinuclear Antibody\) Test](#)  (National Library of Medicine)
- [Diagnosing Lupus](#) (Lupus Foundation of America)

Treatments and Therapies

- [Systemic Lupus Erythematosus \(SLE\) \(Beyond the Basics\)](#) (UpToDate)
- [Thunder God Vine](#)  (National Center for Complementary and Integrative Health)
- [Treatment Options](#) (Lupus Foundation of America)

Living With

- [Diet and Nutrition With Lupus](#) (Lupus Foundation of America)
Also in [Spanish](#)
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Related Issues

- [Caregivers](#) (Lupus Foundation of America)



National Institute of
Arthritis and Musculoskeletal
and Skin Diseases

HEALTH TOPICS

Systemic Lupus Erythematosus (Lupus)

BASICS

Points To Remember About Systemic Lupus Erythematosus (Lupus)


- Lupus can affect many body parts, including the joints, skin, kidneys, heart, lungs, blood vessels, or brain.
- You will have periods of illness (flares) and wellness.
- Anyone can get lupus, but it most often affects women. Lupus is also more common among African American, Hispanic, Asian, and Native American women.
- Genes play an important role in lupus, but other factors are also involved.
- Most people will see a rheumatologist for their lupus treatment. Treatment generally consists of a team approach.
- Learning to recognize the warning signs of a flare can help with reducing or preventing the flares.

What is systemic lupus erythematosus (lupus)?



A quick look at
lupus information
on a popular
website

WebMD



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WEBMD SPOTLIGHT

Lupus

Nine out of ten people who have **systemic lupus erythematosus** are women. Get in-depth **lupus** information including its causes, symptoms, and treatments.

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Lupus Overview

Lupus, an autoimmune disease, happens when the immune system attacks its tissues, causing inflammation, swelling, pain, and damage. Lupus symptoms include fatigue, joint pain, fever, and a lupus rash.

Lupus Guide >

- 1 Overview & Facts
- 2 Symptoms & Diagnosis
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Lupus > Guide >

Overview & Facts

With the basic facts about lupus, you'll have a better picture of what's going on. These overview articles will put the disease and its causes into perspective.

Lupus Overview

Get the basics on who gets lupus, what causes it, how it's diagnosed, and more.

Types and Causes

Learn about the two types of lupus-- DLE and SLE -- and how they might affect your body and organs.

Slideshow: A Visual Guide to Understanding Lupus

Lupus is a lifelong disorder of the immune system. Immune cells attack the body's own healthy tissues, leading to inflammation and tissue damage.

Lupus Risk Factors

What makes you likely to get lupus? Genetics, hormones, and your environment may be involved.

TOP PICKS

IVIg Therapy to Treat Lupus

Lupus vs. Psoriatic Arthritis: How to Tell the Difference

When Your Immune System Attacks Your Liver

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Key ways to tell them apart.



Types of Autoimmune Diseases

How they affect your body.



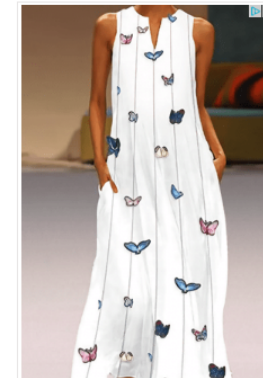
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How to get help.



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Lupus Overview



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5 Must-Know Lupus Facts

ABOUT

Lupus -- also known as systemic lupus erythematosus -- is a disease of the immune system. Normally, the immune system protects the body from infection. In lupus, however, the immune system inappropriately attacks tissues in various parts of the body. This abnormal activity leads to tissue damage and illness.

ARTICLES ON LUPUS

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taking Plaquenil
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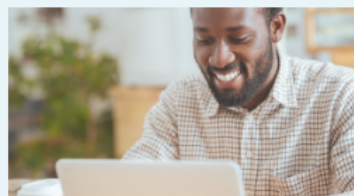
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Articles and images for diseases, symptoms, tests, treatments

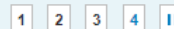
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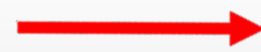
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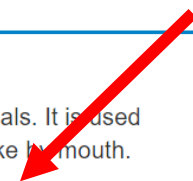
2. **Porphyria Cutanea Tarda (PCT)** (American Porphyria Foundation)

... doses of either chloroquine (125mg twice weekly) or **hydroxychloroquine** (100mg twice weekly). Usual dosages of these drugs ... be treated with low doses of chloroquine and **hydroxychloroquine**, which can also reduce iron levels in the ...

www.porphyrifoundation.com/.../types-of-porphyria/PCT - External Health Links

3. **Calcium Pyrophosphate Deposition (CPPD)** (American College of Rheumatology)

... Cyclophosphamide (Cytoxan) Cyclosporine (Neoral, Sandimmune, Gengraf)



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pronounced as (hye drox ee klor' oh kwin)

[Why is this medication prescribed?](#)[How should this medicine be used?](#)[Other uses for this medicine](#)[What special precautions should I follow?](#)[What should I do if I forget a dose?](#)[What side effects can this medication cause?](#)[What should I know about storage and disposal of this medication?](#)[In case of emergency/overdose](#)[What other information should I know?](#)[Brand names](#)

Why is this medication prescribed?

Hydroxychloroquine is in a class of drugs called antimalarials. It is used to prevent and treat acute attacks of malaria. It is also used to treat discoid or systemic lupus erythematosus and rheumatoid arthritis in patients whose symptoms have not improved with other treatments.

This medication is sometimes prescribed for other uses; ask your doctor or pharmacist for more information.

How should this medicine be used?

Hydroxychloroquine comes as a tablet to take by mouth. For prevention of malaria in adults, two tablets are usually taken once a week on exactly the same day of each week. The first dose is taken 1 to 2 weeks before traveling to an area where malaria is common, and then doses are continued for 8 weeks after exposure. For treatment of acute attacks of malaria in adults, four tablets are usually taken right away, followed by two tablets 6 to 8 hours later and then two tablets on each of the next 2 days.



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Hidroxicloroquina



¿Para cuáles condiciones o enfermedades se prescribe este medicamento?

¿Cómo se debe usar este medicamento?

¿Qué otro uso se le da a este medicamento?

¿Cuáles son las precauciones especiales que debo seguir?

¿Qué tengo que hacer si me olvido de tomar una dosis?

¿Cuáles son los efectos secundarios que podría provocar este medicamento?

¿Cómo debo almacenar o desechar este medicamento?

¿Qué debo hacer en caso de una sobredosis?

¿Qué otra información de importancia debería saber?

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¿Para cuáles condiciones o enfermedades se prescribe este medicamento?

La hidroxicloroquina pertenece a una clase de medicamentos llamados antimaláricos. Se usa para prevenir y tratar los ataques agudos de malaria. También se usa para tratar lupus eritematoso sistémico y discoide y la artritis reumatoide en los pacientes cuyos síntomas no han mejorado con otros tratamientos.

Este medicamento también puede ser prescrito para otros usos; pídale más información a su doctor o farmacéutico.

¿Cómo se debe usar este medicamento?

La hidroxicloroquina viene en forma de tabletas para tomar por vía oral. Para la prevención de la malaria en los adultos se toman dos tabletas una

Elder: I've heard
people with
Lupus may
benefit from
taking Alfalfa.
Is it safe?



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For FDA approved labels included in drug packages, see [DailyMed](#).

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A


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Are there safety concerns?

Alfalfa leaves are **POSSIBLY SAFE** for most adults. However, taking alfalfa seeds long-term is **LIKELY UNSAFE**. Alfalfa seed products may cause reactions that are similar to the autoimmune disease called lupus erythematosus.

Alfalfa might also cause some people's skin to become extra sensitive to the sun. Wear sunblock outside, especially if you are light-skinned.

Special precautions & warnings:

Pregnancy or breast-feeding: Using alfalfa in amounts larger than what is commonly found in food is **POSSIBLY UNSAFE** during pregnancy and breast-feeding. There is some evidence that alfalfa may act like estrogen, and this might affect the pregnancy.

“Auto-immune diseases” such as multiple sclerosis (MS), lupus (systemic lupus erythematosus, SLE), rheumatoid arthritis (RA), or other conditions: Alfalfa might cause the immune system to become more active, and this could increase the symptoms of auto-immune diseases. There are two case reports of SLE patients experiencing disease flare after taking alfalfa seed products long-term. If you have an auto-immune condition, it's best to avoid using alfalfa until more is known.

Hormone-sensitive condition such as breast cancer, uterine cancer, ovarian cancer, endometriosis, or uterine fibroids: Alfalfa might have the same effects as the female hormone estrogen. If you have any condition that might be made worse by exposure to estrogen, don't use alfalfa.

Diabetes: Alfalfa might lower blood sugar levels. If you have diabetes and take alfalfa, monitor your blood sugar levels closely.

Kidney transplant: There is one report of a kidney transplant rejection following the three-month use of a supplement that contained alfalfa and black cohosh. This outcome is more likely due to alfalfa than black cohosh. There is some evidence that alfalfa can boost the immune system and this might make the anti-rejection drug cyclosporine less effective.

Are there interactions with medications?

Major

Do not take this combination.

Warfarin (Coumadin)

Alfalfa contains large amounts of vitamin K. Vitamin K is used by the body to help blood clot. Warfarin (Coumadin) is used to slow blood clotting. By helping the blood clot, alfalfa might decrease the effectiveness of warfarin (Coumadin). Be sure to have your blood checked regularly. The dose of your warfarin (Coumadin) might need to be changed.



Younger patient:
I need a test for
antinuclear antibodies
(ANAs). Can you give
me some information
on it?



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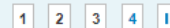
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Lab Test Information



Learn about your laboratory tests, including what the lab test is used for, why your doctor ordered it, how the test will feel, and what the results may mean. A laboratory test checks a sample of blood, urine, other bodily fluid, or tissue to get more information about your health. Your doctor may order these tests as part of a routine checkup, to check for certain diseases and conditions or to monitor your health.

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A

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B

[Bacteria Culture Test](#)[Bilirubin Blood Test](#)

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Why do I need an ANA test?

Your health care provider may order an ANA test if you have symptoms of lupus or another autoimmune disorder. These symptoms include:

- [Fever](#)
- Red, butterfly-shaped rash (a symptom of lupus)
- [Fatigue](#)
- [Joint pain and swelling](#)
- Muscle pain

What happens during an ANA test?

A health care professional will take a blood sample from a vein in your arm, using a small needle. After the needle is inserted, a small amount of blood will be collected into a test tube or vial. You may feel a little sting when the needle goes in or out. This usually takes less than five minutes.

Will I need to do anything to prepare for the test?

You don't need any special preparations for an ANA test.

Are there any risks to the test?

There is very little risk to having a blood test. You may have slight pain or bruising at the spot where the needle was put in, but most symptoms go away quickly.

What do the results mean?

A positive result on an ANA test means that antinuclear antibodies were found in your blood. You may get a positive result if:

- You have SLE (lupus).
- You have a different type of autoimmune disease.
- You have a viral infection.

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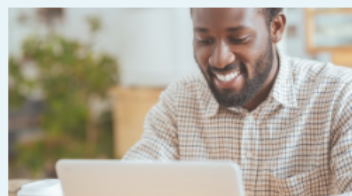
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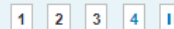
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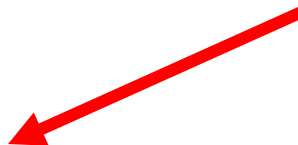
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Health Information Translations

I

Immunization



High Blood Sugar – English & Russian

Повышенное содержание сахара в крови

High Blood Sugar

High blood sugar means having too much sugar, also called glucose, in the blood. High blood sugar is also called hyperglycemia. The body's cells need blood sugar. A normal blood sugar level is 70 to 100. A blood sugar level above 140 is too high. You may not feel any signs of high blood sugar but damage may be happening to your body. Over time, high blood sugar can damage the eyes, kidneys, blood vessels, heart, nerves and feet.

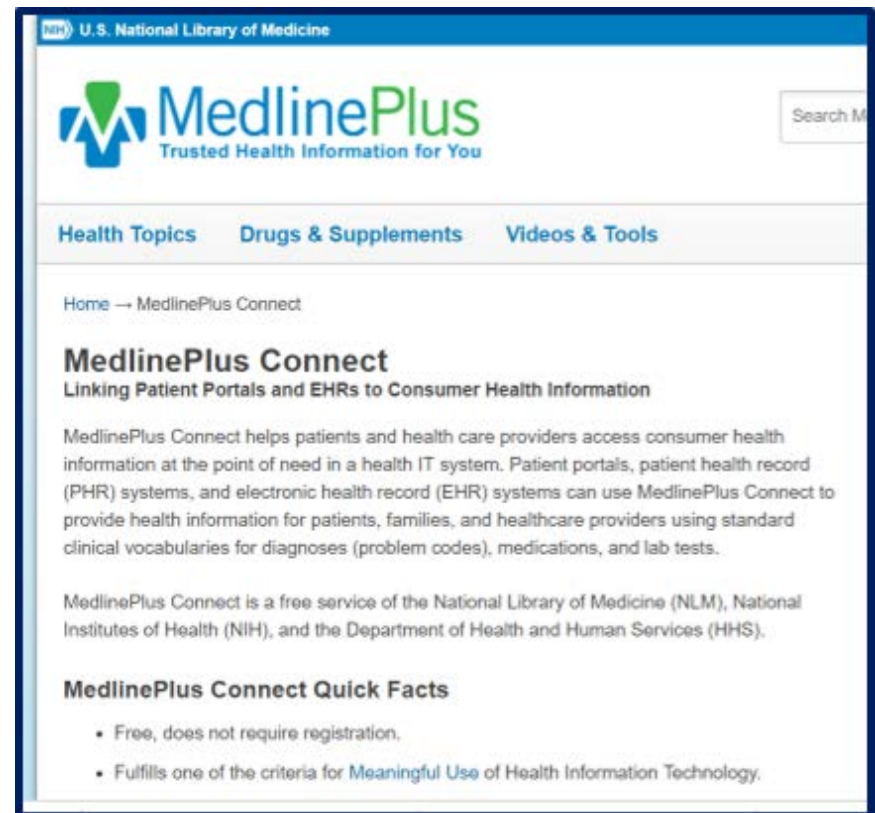
Causes

High blood sugar can happen with diabetes. When you have diabetes, your body does not make enough insulin or is not able to

Повышенное содержание сахара в крови означает, что в крови содержится чрезмерное количество сахара или глюкозы. Повышенное содержание сахара в крови называется также гипергликемией. Клеткам организма нужен сахар в крови. Нормальный уровень сахара в крови – 70-100 единиц. Больше 140 единиц считается очень высоким показателем. Вы можете не чувствовать никаких признаков повышенного содержания сахара в крови, но в это время может происходить разрушение организма. Со временем повышенное содержание сахара может поразить глаза, почки, кровеносные сосуды, сердце, нервы и ноги.

Причины

Повышенное содержание сахара в крови может возникнуть вследствие диабета, когда организм не вырабатывает



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Explore the signs and symptoms, genetic cause, and inheritance pattern of various health conditions.

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L-3-alpha-hydroxyacyl-CoA dehydrogenase, short chain, deficiency, see [3-hydroxyacyl-CoA dehydrogenase deficiency](#)

l-arginine:glycine amidinotransferase deficiency, see [Arginine:glycine amidinotransferase deficiency](#)

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L-CMD, see [LMNA-related congenital muscular dystrophy](#)

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[L1 syndrome](#)

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What does it mean if a disorder seems to run in my family?

What are the different ways in which a genetic condition can be inherited?

What are complex or multifactorial disorders?

What does it mean to have a genetic predisposition to a disease?



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Lubs X-linked mental retardation syndrome, see [MECP2 duplication syndrome](#)

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lung malignancies, see [Lung cancer](#)

lung malignant tumors, see [Lung cancer](#)

lung neoplasms, see [Lung cancer](#)

lupus, see [Systemic lupus erythematosus](#)

Luschka-Magendie foramina atresia, see [Dandy-Walker malformation](#)

LVHT, see [Left ventricular noncompaction](#)

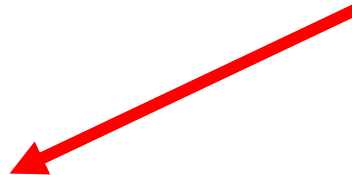
LVM, see [Megalencephalic leukoencephalopathy with subcortical cysts](#)

LWD, see [Léri-Weill dyschondrosteosis](#)

Lyell's syndrome, see [Stevens-Johnson syndrome/toxic epidermal necrolysis](#)

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[Lyme disease](#)





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Systemic lupus erythematosus

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► Description

► Frequency

► Causes



► Inheritance Pattern

► Diagnosis & Management Links

► Other Names for This Condition

► Additional Information & Resources

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Systemic lupus erythematosus


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► Description

► Frequency

▼ Causes

Normal variations (polymorphisms) in many genes can affect the risk of developing SLE, and in most cases multiple genetic factors are thought to be involved. In rare cases, SLE is caused by mutations in single genes. Most of the genes associated with SLE are involved in immune system function, and variations in these genes likely affect proper targeting and control of the immune response. Sex hormones and a variety of environmental factors including viral infections, diet, stress, chemical exposures, and sunlight are also thought to play a role in triggering this complex disorder. About 10 percent of SLE cases are thought to be triggered by drug exposure, and more than 80 drugs that may be involved have been identified.

In people with SLE, cells that have undergone self-destruction ([apoptosis](#) ) because they are damaged or no longer needed are not cleared away properly. The relationship of this loss of function to the cause or features of SLE is unclear. Researchers suggest that these dead cells may release substances that cause the immune system to react inappropriately and attack the body's tissues, resulting in the signs and symptoms of SLE.

► [Learn more about the genes associated with systemic lupus erythematosus](#)

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► Inheritance Pattern



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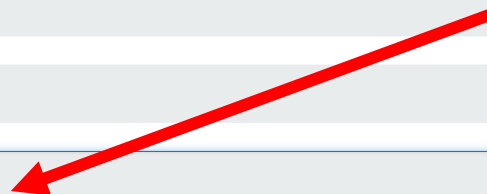
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Amoxicillin



AMOX:500;GG:849

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AMOX:500;GG:849

lansoprazole, amoxicillin and
clarithromycin



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Amoxicillin



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Amoxicillin



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Lansoprazole, Amoxicillin
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Amoxicillin



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NAME Amoxicillin

[DRUG LABEL](#) 


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INGREDIENTS

AMOXICILLIN 500 mg;

LABEL AUTHOR

Sandoz Inc

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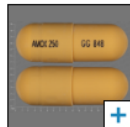
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NDC Codes:

0781-2020-05

0781-5061-20

**NDC Code(s):** 0781-2020-01, 0781-2020-05, 0781-2020-31, 0781-2020-76, [view more](#)**Packager:** Sandoz Inc**Category:** HUMAN PRESCRIPTION DRUG LABEL**DEA Schedule:** None**Marketing Status:** Abbreviated New Drug Application

DRUG LABEL INFORMATION

Updated December 14, 2015

If you are a consumer or patient please visit [this version](#).DOWNLOAD DRUG LABEL INFO: [PDF](#) | [XML](#) | [Image](#)OFFICIAL LABEL (PRINTER FRIENDLY) [Image](#)

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HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use AMOXICILLIN Capsules, Tablets and

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NDC Code(s): 0781-2020-01, 0781-2020-05, 0781-2020-31, 0781-2020-76, [view more](#)

Packager: Sandoz Inc

Category: HUMAN PRESCRIPTION DRUG LABEL

DRUG LABEL INFORMATION

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[+ HIGHLIGHTS OF PRESCRIBING INFORMATION](#)

These highlights do not include all the information needed to use AMOXICILLIN Capsules, Tablets and for Oral Suspension, USP safely and effectively. See full prescribing information for ...

[+ FULL PRESCRIBING INFORMATION: CONTENTS*](#)

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[+ 1 INDICATIONS AND USAGE](#)

1.1 Infections of the Ear, Nose, and Throat - Amoxicillin is indicated in the treatment of infections due to susceptible (ONLY β -lactamase-negative) isolates of ...

[+ 2 DOSAGE AND ADMINISTRATION](#)

2.1 Dosing for Adult and Pediatric Patients > 3 Months of Age - Treatment should be continued for a minimum of 48 to 72 hours beyond the time that the patient becomes ...

[+ 3 DOSAGE FORMS AND STRENGTHS](#)

Capsules: 250 mg, 500 mg. Each amoxicillin capsule, with yellow opaque cap and body, contains 250 mg or 500 mg amoxicillin as the trihydrate. The 250 mg capsule is imprinted AMOX 250 ...

[+ 4 CONTRAINDICATIONS](#) [\(WHAT IS THIS?\)](#)

Amoxicillin is contraindicated in patients who have experienced a serious hypersensitivity reaction

Dosage and Administration, Gonorrhea (2.1)

Removed 9/2015

RELATED RESOURCES

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[Clinical Trials](#)

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INDICATIONS AND USAGE

Amoxicillin is a penicillin-class antibacterial indicated for treatment of infections due to susceptible strains of designated microorganisms.

- Infections of the ear, nose, throat, genitourinary tract, skin and skin structure, and lower respiratory tract. ([1.1](#) – [1.5](#))
- In combination for treatment of *H. pylori* infection and duodenal ulcer disease. ([1.5](#))

To reduce the development of drug-resistant bacteria and maintain the effectiveness of amoxicillin and other antibacterial drugs, amoxicillin should be used only to treat infections that are proven or strongly suspected to be caused by bacteria. ([1.6](#))

DOSAGE AND ADMINISTRATION

- In adults, 750-1750 mg/day in divided doses every 8-12 hours. In Pediatric Patients > 3 Months of Age, 20-45 mg/kg/day in divided doses every 8-12 hours. Refer to full prescribing information for specific dosing regimens. ([2.1](#), [2.2](#), [2.3](#))
- The upper dose for neonates and infants ≤ 3 months is 30 mg/kg/day divided every 12 hours. ([2.2](#))
- Dosing for *H. pylori* Infection: Triple therapy: 1 gram amoxicillin, 500 mg clarithromycin, and 30 mg lansoprazole, all given twice daily (every 12 hours) for 14 days. Dual therapy: 1 gram amoxicillin and 30 mg lansoprazole, each given three times daily (every 8 hours) for 14 days. ([2.3](#))
- Reduce the dose in patients with severe renal impairment (GFR <30 mL/min). ([2.4](#))

DOSAGE FORMS AND STRENGTHS

- Capsules: 250 mg, 500 mg ([3](#))
- Tablets: 500 mg, 875 mg ([3](#))
- For Oral Suspension: 125 mg/5 mL, 200 mg/5 mL, 250 mg/5 mL, 400 mg/5 mL ([3](#))

CONTRAINDICATIONS

- History of a serious hypersensitivity reaction (e.g., anaphylaxis or Stevens-Johnson syndrome) to amoxicillin or to other beta-lactams (e.g., penicillins or cephalosporins) ([4](#))

WARNINGS AND PRECAUTIONS

- Anaphylactic reactions: Serious and occasionally fatal anaphylactic reactions have been reported in patients on penicillin therapy. Serious anaphylactic reactions require immediate emergency treatment with supportive measures. ([5.1](#))
- *Clostridium difficile*-associated diarrhea (ranging from mild diarrhea to fatal colitis): Evaluate if



IMPRINT AMOX;500;GG;849

NAME Amoxicillin

DRUG LABEL [↗](#)

DRUG INFO [↗](#)



INGREDIENTS

AMOXICILLIN 500 mg;

LABEL AUTHOR

Sandoz Inc

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Drug Information Portal

Quick Access to Quality Drug Information



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☐ By Category

AMOXICILLIN

Go

2 results for Name/Synonym equals AMOXICILLIN

1. Amoxicillin [INN]
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☒ By Name ☐ By Category



Result

Drug Name: Amoxicillin [INN]

[View Synonyms](#)

[View Structure](#)

Description: A broad-spectrum semisynthetic antibiotic similar to AMPICILLIN except that its resistance to gastric acid permits higher serum levels with oral administration.

Categories: [i](#) Anti-Bacterial Agents

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Summary

- ▶ [i](#) **Summary of drug information (MedlinePlusDrug)**
- ▶ [i](#) **Summary of consumer health information (MedlinePlusTopics)**
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- ▶ [i](#) **Summary of reviewed historical and clinical data (USDA)**



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Amoxicillin

pronounced as (a mox i sil' in)

[Why is this medication prescribed?](#)[How should this medicine be used?](#)[Other uses for this medicine](#)[What special precautions should I follow?](#)[What special dietary instructions should I follow?](#)[What should I do if I forget a dose?](#)[What side effects can this medication cause?](#)[What should I know about storage and disposal of this medication?](#)[In case of emergency/overdose](#)[What other information should I know?](#)[Brand names](#)[Other names](#)

Why is this medication prescribed?

Amoxicillin is used to treat certain infections caused by bacteria, such as pneumonia; bronchitis (infection of the airway tubes leading to the lungs); and infections of the ears, nose, throat, urinary tract, and skin. It is also used in combination with other medications to eliminate *H. pylori*, a bacteria that causes ulcers. Amoxicillin is in a class of medications called penicillin-like antibiotics. It works by stopping the growth of bacteria.

Antibiotics such as amoxicillin will not work for colds, flu, and other viral infections. Taking antibiotics when they are not needed increases your risk of getting an infection later that resists antibiotic treatment.



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[Página Principal](#) → [Medicinas, hierbas y suplementos](#) → [Amoxicilina](#)

Amoxicilina



¿Para cuáles condiciones o enfermedades se prescribe este medicamento?

¿Cómo se debe usar este medicamento?

¿Qué otro uso se le da a este medicamento?

¿Cuáles son las precauciones especiales que debo seguir?

¿Qué dieta especial debo seguir mientras tomo este medicamento?

¿Qué tengo que hacer si me olvido de tomar una dosis?

¿Cuáles son los efectos secundarios que podría provocar este medicamento?

¿Cómo debo almacenar o desechar este medicamento?

¿Qué debo hacer en caso de una sobredosis?

¿Qué otra información de importancia debería saber?

Marcas comerciales

Otros nombres

¿Para cuáles condiciones o enfermedades se prescribe este medicamento?

La amoxicilina se usa para tratar algunas infecciones provocadas por bacterias como la neumonía; la bronquitis (infección de las vías respiratorias que van a los pulmones); e infecciones de los oídos, nariz, garganta, del tracto urinario y la piel. También se usa en combinación con otros medicamentos para eliminar *el H. pylori*, unas bacterias que causan úlceras. La amoxicilina se encuentra en una clase de medicamentos llamados antibióticos parecidos a la penicilina. Su acción consiste en detener el crecimiento de las bacterias.

Los antibióticos, como la amoxicilina, no funcionan para combatir resfriados, influenza y otras infecciones virales. Tomar antibióticos cuando no es necesario aumenta el riesgo de contraer una infección más adelante que se resista al tratamiento con antibióticos.



Elder: I heard about a natural therapy called Hawthorn for my heart failure.
What is this stuff? Is it safe?



<https://nccih.nih.gov/>



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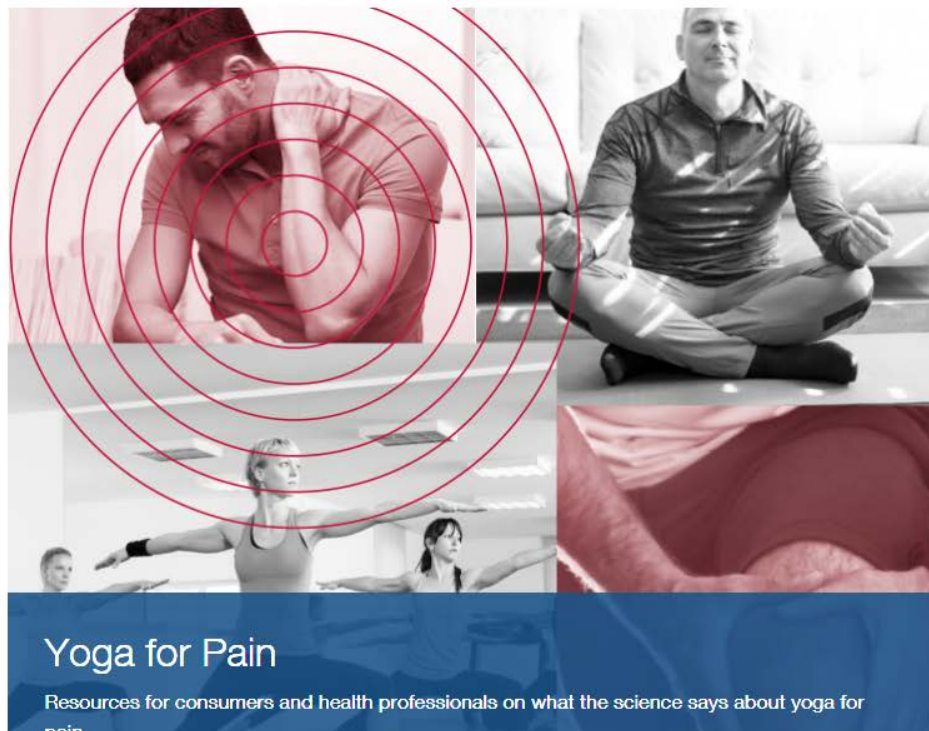
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Tools to help you better understand complex scientific topics that relate to health research.





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Información de Salud en Español

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Esta página brinda enlaces a recursos del NCCIH en español sobre medicina complementaria e integral. Además, incluye enlaces a otros recursos en español relacionados con la salud.

Si usted utiliza medicina complementaria e integral, recuerde mencionárselo a su médico o al profesional de la salud que lo atienda. Algunos métodos de medicina complementaria e integral pueden afectar los tratamientos médicos convencionales. Hable con su médico para asegurarse de que el uso de medicina complementaria e integral con métodos de medicina convencionales está coordinado y es seguro.

Información para el consumidor

- Salud complementaria, alternativa o integral: ¿Qué significan estos términos?
Complementary, Alternative, or Integrative Health: What's In a Name?
- Consideraciones en un enfoque complementario

Seguridad

- Cómo encontrar y evaluar recursos en línea
Finding and Evaluating Online Resources
- Cuidado con los "suplementos dietéticos" fraudulentos (FDA, por sus siglas en inglés)
Beware of Fraudulent 'Dietary Supplements'
- Cuidado con los "suplementos dietéticos"

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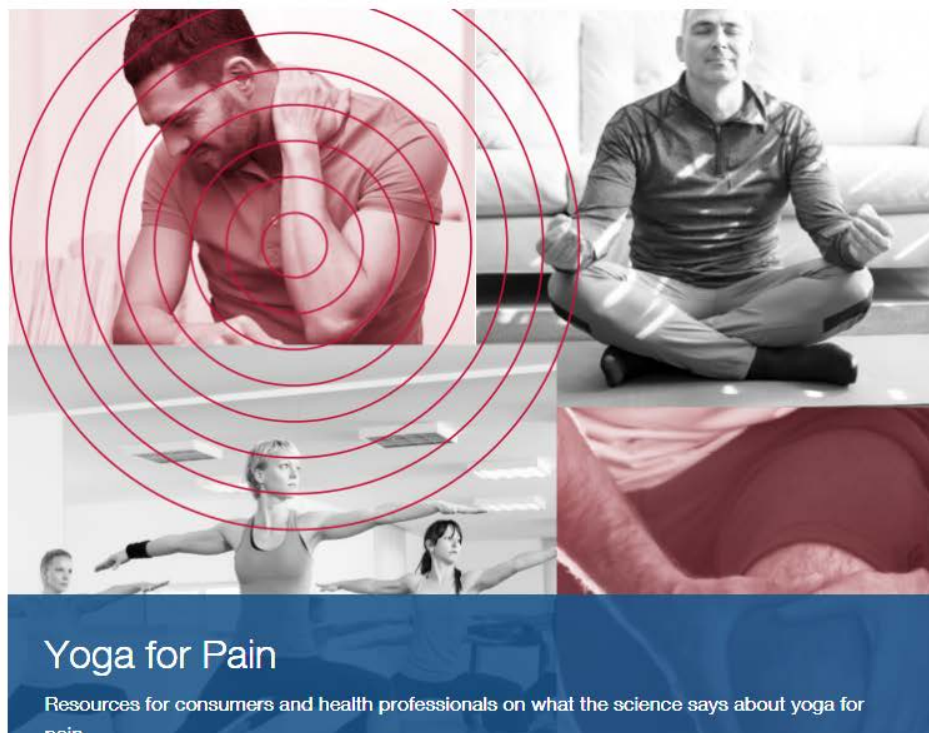
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Know the Science





Tools to help you better understand complex
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hawthorn



Recommended by NCCIH

Hawthorn

<https://nccih.nih.gov/health/hawthorn>

Is the herb **hawthorn** helpful for heart failure? Is it safe? Visit this page to find out what the science says.

Hawthorn | NCCIH

nccih.nih.gov/health/hawthorn

Hawthorn is a flowering shrub or tree of the rose family. It is native to Europe and grows in temperate regions throughout the world. Historically, **ha** ...

Herbs at a Glance | NCCIH

nccih.nih.gov/health/herbsataglance.htm

Herbs at a Glance is a series of brief fact sheets that provides basic information about specific herbs or



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Hawthorn

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- [How Much Do We Know?](#)
- [What Have We Learned?](#)
- [What Do We Know About Safety?](#)
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Background

- Hawthorn is a flowering shrub or tree of the rose family. It is native to Europe and grows in temperate regions throughout the world.
- Historically, hawthorn has been used for heart disease as well as for digestive and kidney problems. It has also been used for anxiety.
- Extracts from the hawthorn leaf, flower, or berry may be sold as capsules, tablets, or liquids.

How Much Do We Know?



- Hawthorn has been studied for heart failure in people. Heart failure is a condition in which the heart can't pump as much blood as it should.
- Not much is known about hawthorn for any other health conditions as there is little or no evidence.

What Have We Learned?



- Although some older, short-term studies suggested that hawthorn may have benefits in patients with heart failure, two longer term studies completed in 2008 and 2009—including a 2-year trial involving almost 2,700 people in 13 European countries—did not confirm these benefits. In these studies, unlike some of the older ones, patients were given hawthorn in addition to the recommended conventional treatments for heart failure.

What Do We Know About Safety?



- In most studies of hawthorn for heart failure, no serious safety problems have been reported. However, in one study, patients taking hawthorn were more likely than those taking a placebo (an inactive substance) to have their heart failure get worse soon after the study started. The reason for this is not clear, but one possibility is that hawthorn might have interacted with drugs the patients were taking.



Know the Science
How Medications
and Supplements
Can Interact



Elder: Do you have any information on heart failure in Russian?



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Featured Resources

Opioid Misuse and Addiction Resources **NEW**

In response to the current opioid crisis, the National Library of Medicine partnered with [Healthy Roads Media](#) to produce a collection of materials that teach people about opioids and opioid misuse. The collection has 22 easy-to-read handouts, videos, and audio recordings in English and Spanish.

Opioids

1. [Basics](#)
2. [Pain](#)

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Find culturally relevant information in multiple languages and formats about health conditions and wellness topics. Learn about diseases, causes, symptoms, treatment, and prevention. Materials may be available as printable documents, audio, and video. Search by language, choose a format, or browse by keyword.

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1-2 of 2 results

10 per page ▾

Title	Format	Languages
Heart Failure	Document	English; Arabic; Bosnian; Chinese, Simplified (Mandarin dialect); Chinese, Traditional (Cantonese dialect); French; Hindi; Japanese; Korean; Portuguese; Russian; Somali; Spanish; Tagalog; Ukrainian; Vietnamese
Congestive Heart Failure Self-Management Plan	Document	English; Russian; Vietnamese

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Congestive Heart Failure Self-Management Plan

Resource Properties

Abstract:

This one-page handout is an easy-to-use self-management plan for people with congestive heart failure. It uses flags (green to show good health, yellow to give warnings, and red to indicate health emergencies) to help patients identify symptoms and understand what they mean, seek assistance before a crisis develops, and take appropriate action in the event of an emergency. It contains a checklist of things people can do every day to keep their symptoms under control, and includes blank spaces to write down instructions and contact

Access Resource

Language	Document	Video	Audio
English	Open (PDF, 351.34 KB)		
Russian	Open (PDF, 207.28 KB)		
Vietnamese	Open (PDF, 332.02 KB)		

Congestive Heart Failure Self-Management Plan

EVERY DAY:

- ☐ Weigh yourself in the morning
- ☐ Eat low salt food
- ☐ Take your medications
- ☐ Balance activity with rest periods

Green Flags — All Clear

What this means ...



If you have:

- No shortness of breath
- Weight gain less than 2 pounds (although a 1–2 pound gain may occur some days)
- No swelling of your feet, ankles, legs or stomach
- No chest pain
- Ability to do usual activities

- Your symptoms are under control.
- Continue to take your medications as ordered.
- Follow health eating habits
- Keep all physician appointments.

Keep up the great work!

Yellow Flags — Caution

What this means ...



If you have any of the following:

- A weight gain of 2–3 pounds in 2–3 days or 4–5 pounds in a week
- Shortness of breath
- Swelling of your feet, ankles, legs or stomach
- Fatigue or lack of energy
- Dry hacking cough
- Dizziness
- An uneasy feeling—you know something is not right
- Difficulty breathing when lying down or you sleep sitting up with extra pillows
- Chest pain or heaviness

- Your symptoms may indicate that you need an adjustment of your medication

Call your doctor, consulting nurse, or health care provider if symptoms do not improve.

Name:

Number:

Instructions:

If you notice a Yellow Flag, work closely with your health care team.

Red Flags — Stop and Think

What this means ...



If you:

- Are struggling to breathe or have unrelieved shortness of breath while sitting still
- Have chest pain not relieved or reoccurs after taking 3 nitro tablets
- Have confusion or can't think clearly

You need to be evaluated by a health care professional immediately.

If possible, notify your health care provider's office.

Name:

Number:

Follow these instructions:

CALL 9-1-1

If you notice a Red Flag, CALL 911. Emergency!

American College of Cardiology | American Heart Association | Family Doctor.org | HMCADS rev 01/17/17

Сердечная недостаточность

Ежедневно:

- ☐ Взвешивайтесь по утрам
- ☐ Ограничивайте потребление соли с пищей
- ☐ Принимайте лекарства
- ☐ Чередуйте физическую активность с отдыхом

Зеленый свет — все хорошо

Что это означает ...



Если:

- У вас нет одышки
- Вы набираете менее 2-ух фунтов (или 1-го килограмма) за день
- У Вас не отекают ноги, лодыжки, ступни, или живот
- Нет боли в груди
- Вы в состоянии вести обычный образ жизни

- Симптомы указывают на то, что все в порядке
- Продолжайте принимать лекарства согласно указаниям врача
- Продолжайте соблюдать здоровую диету
- Соблюдайте график посещения врача.

Продолжайте следить за своим здоровьем!

Желтые флажки — Осторожно

Что это означает ...



Если у вас есть хотя бы один из нижеприведенных симптомов:

- Вы набираете 2-3 фунта (1-1,5 кг) за 2-3 дня или 4-5 фунтов (2-2,5 кг) за неделю
- У вас есть одышка
- У Вас отекают ноги, лодыжки, ступни, или живот
- У Вас усиливающаяся утомляемость
- У Вас отрывистый и сухой кашель
- У Вас кружится голова
- Вы чувствуете, что что-то не так
- Вам тяжело дышать в лежачем положении или приходится спать сидя
- У вас боль или чувство сдавливания в груди

- Наличие приведенных симптомов могут указывать на то, что вам нужны изменения в лекарствах.

Позвоните своему врачу, медсестре или медсестре, навещающей Вас на дому, если Ваше состояние не улучшится.

Имя:

Номер:

Инструкции:

Если у Вас желтый флажок, обратитесь за помощью к своим врачам.

Красные флажки — Остановитесь и подумайте

Что это означает ...



Если:

- У вас одышка даже в состоянии покоя.
- У Вас боль в груди, которая не проходит или продолжает возобновляться после принятия 3-ех таблеток Nitro
- У вас чувство замешательства и вы не в состоянии ясно мыслить

Вам немедленно нужен осмотр медперсонала.

Если возможно, сообщите ваш офис здравоохранения провайдеру:

врач:

Номер телефона:

Выполните следующие действия:

В чрезвычайной ситуации **ЗВОНИТЕ 911**

Если у Вас красный флажок, немедленно позвоните своему лечащему врачу.

American College of Chest Physicians | American Lung Association | HMCADS rev 01/23/2017



Questions?

Thank you!

Michele Spatz, M.S.
NNLM All of Us Community
Engagement Coordinator
NNLM PNR, University of
Washington, Seattle, WA
mspatz@uw.edu

