## Standardized Laboratory Protocols For INIAstress

- Chronic Ethanol Exposure by Inhalation Route and Dependence Testing (HIC)
- Ethanol Drinking Behavior: Home-Cage Limited Access Paradigm
- Operant Ethanol Self-Administration and Reinstatement Model

# Features of Chronic Ethanol Exposure By Inhalation Route

V dependence can be established in a relatively brief period of time

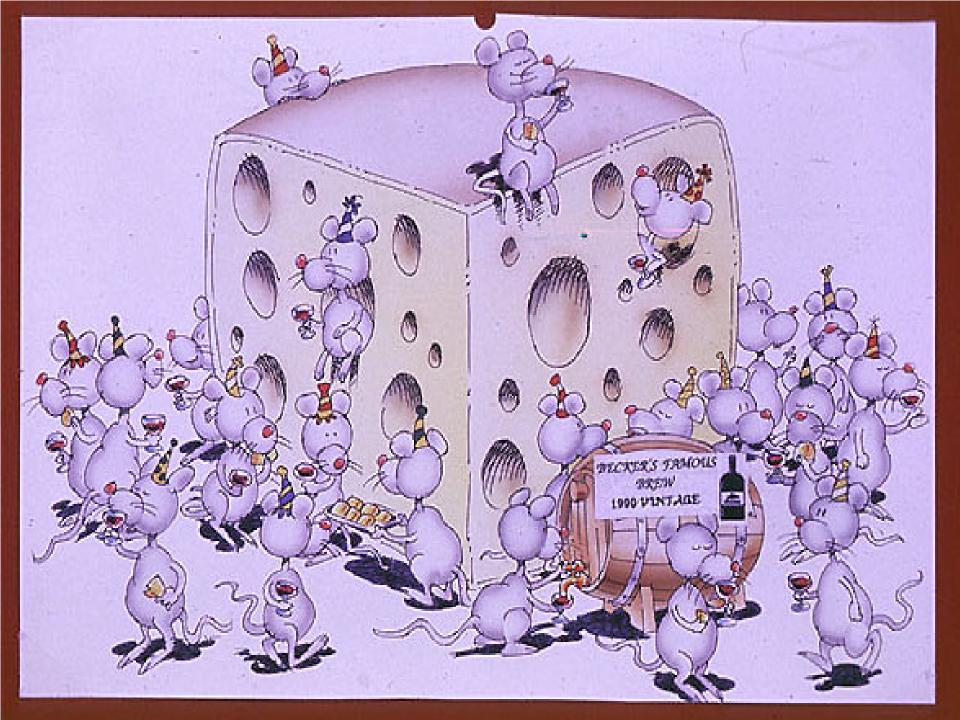
✓ health of subjects maintained during intoxication period (loss of body weight & body temperature moderate)

✓ duration of ethanol exposure and time of withdrawal more precisely controlled

V level of intoxication (BEC) can be maintained relatively stable during the course of intoxication, as well as from one cycle of exposure to another







# **Chronic Ethanol Exposure: Vapor Inhalation Chambers**



- ~ Methods ~
- Plexiglas chamber holding individually housed mice
- Fresh air combined with vaporized ethanol
- Flow rate of EtOH vapor adjusted to attain blood EtOH concentration of 150-200 mg/dl

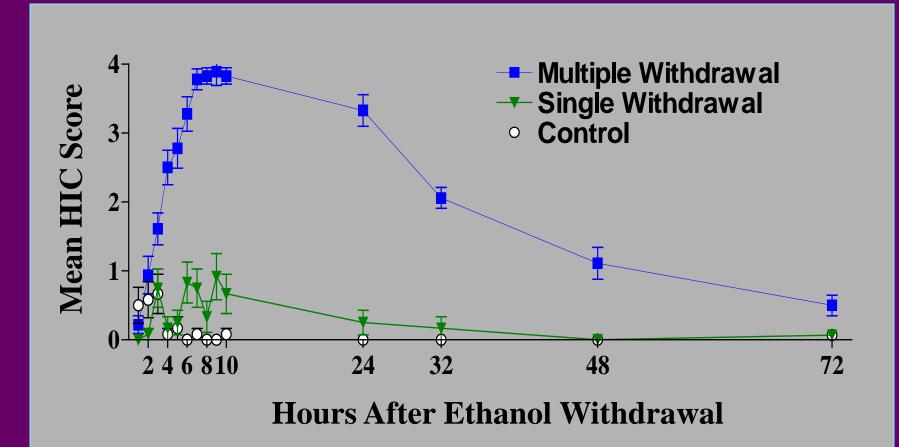
## HANDLING-INDUCED CONVULSION (HIC) SCORING SCALE\*



- 0 = no activity on tail lift or after gentle 360° spin
- $1 = facial grimace after 360^{\circ} spin$
- 2 =tonic convulsion after 360° spin
- $3 = \text{tonic/clonic convulsion after } 360^{\circ} \text{ spin}$
- 4 = tonic convulsion on tail lift
- **5** = tonic/clonic convulsion on tail lift; delayed onset
- **6** = severe tonic/clonic convulsion; no delay
- 7 = severe tonic/clonic convulsion prior to tail lift

\* modified after Crabbe and Kosobud (1990)

#### Multiple Cycles of Chronic Ethanol Exposure and Withdrawal Results in Exacerbation of Withdrawal-Related Seizure (HIC) Activity



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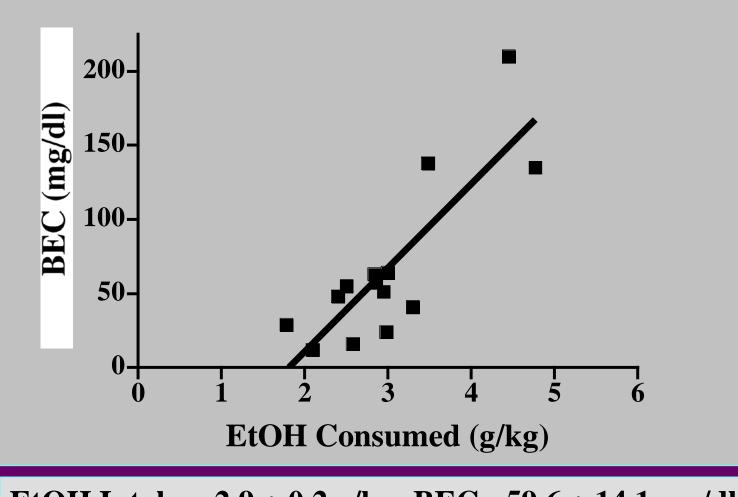
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# **Ethanol Drinking Behavior: Home-Cage Limited Access Model**

Training Procedure

- \* Mice are individually housed
- \* No food or water deprivation
- \* Access to ethanol in home cage 2 hr/day
- \* Daily limited access sessions begin 0.5 hr prior to dark cycle
- \* Sucrose fading procedure utilized to stabilize intake of 15% (v/v) EtOH

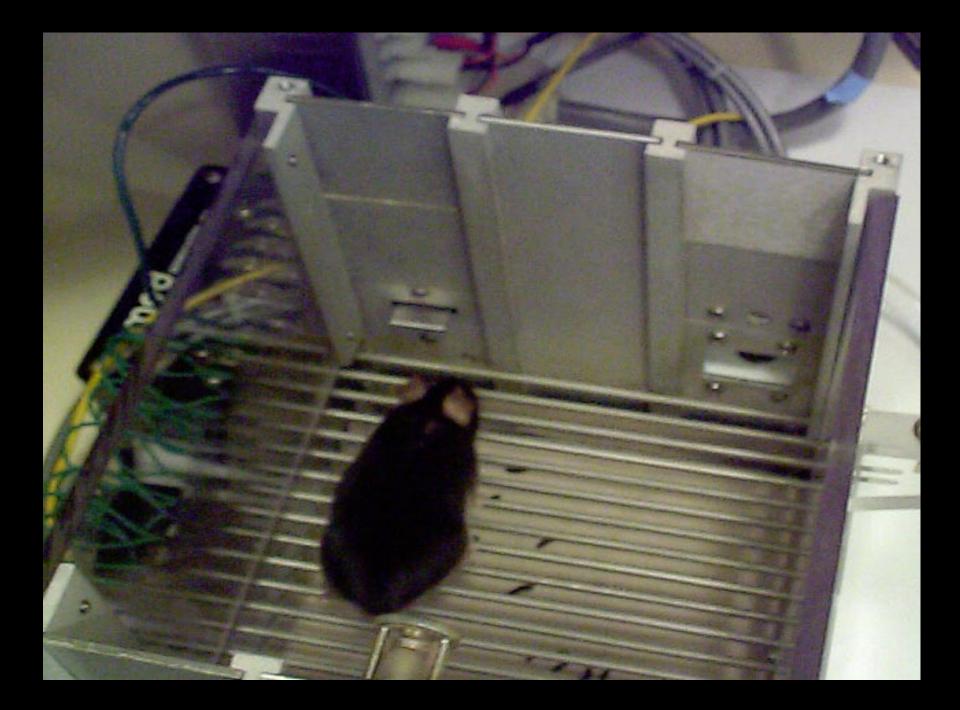
# **EtOH Intake Under Limited Access Conditions (2 hr/day) in C57BL/6J Mice**



EtOH Intake=  $2.9 \pm 0.2$  g/kg; BEC=  $59.6 \pm 14.1$  mg/dl

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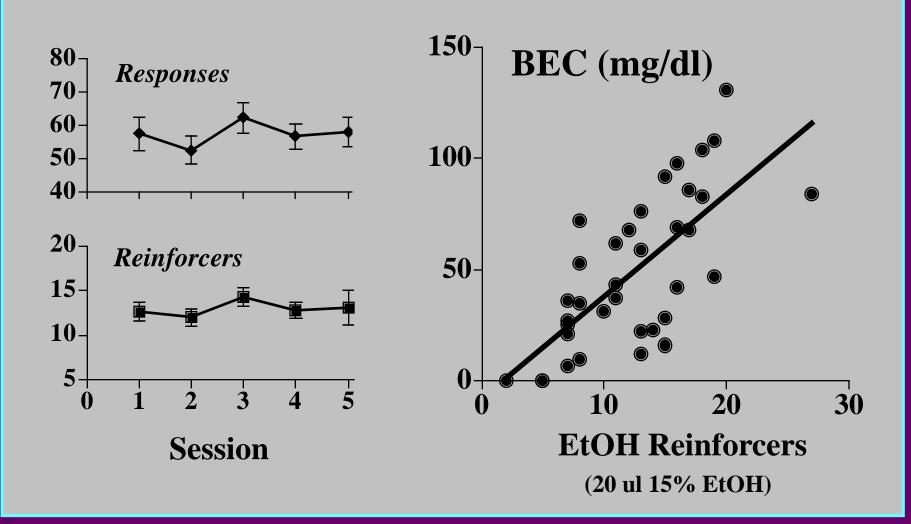


# **Operant Ethanol Self-Administration and Reinstatement Model**

Training Procedure \*

- Mice are individually housed
- \* No food or water deprivation
- \* Mice trained to lever respond (FR1->FR4) for reinforcement in 15 min sessions
- \* Sucrose fading procedure used to stabilize responding/intake of 15% (v/v) EtOH
- \* EtOH reinforcement (20 μl) accompanied by tone and light

#### Ethanol Self-Administration in C57BL/6J Mice



# **Operant Ethanol Self-Administration and Reinstatement Model**

Training Procedure

- \* Establish stable baseline FR-4 responding for 15% EtOH reinforcement in daily 15 min sessions
- \* Test under extinction conditions: responding with no cues or reinforcement delivery for 4-6 daily sessions
- \* Reinstatement testing: assess effects of cues and/or stress exposure on responding under extinction conditions

# **Conditioned Cue-Induced Reinstatement of EtOH Responding**

