Faculty Development Fridays May 21 | Parenting in a Pandemic

Supplemental Resource List

The things you can see only when you slow down: how to be calm and mindful in a fast-paced world, by Haemin Sunim

Works from the following authors:

- <u>Tina Payne Bryson, Ph.D.</u>
- Adele Faber and Elaine Mazlish
- <u>Laura Markham, Ph.D.</u>
- Janet Lansbury
- Daniel J. Siegel, M.D.

The ABC Science Collaborative

• FAQ Page

American Academy of Pediatrics

• Critical Updates on COVID-19

The Children's Hospital of Philadelphia

• Navigating COVID-19

The Gottman Institute

Pacific Institute for Essential Conversations

The School of Life YouTube channel