



ORGANIZATIONS IMPACTED

Through Outreach Efforts and Research Partnerships

Companies Represented in 2020 Symposia and TWH Courses

A-dec, Inc.
 Alaska Frontier Constructors
 AFGE Local 2583 Vancouver Division
 Balfour Beatty Construction (US)
 Banyan
 Boise State University
 Cascade Centers
 Cascadia Behavioral Health Care
 Central City Concern
 CESD
 Charter Mechanical
 CIS
 City of Eugene
 City of Hillsboro
 City of Portland
 Clackamas ESD
 Clark County Sheriff's Office
 Comcast
 Community Vision
 ConfidentialTherapeutics.com
 Consumer Cellular
 Cority
 Dept of Consumer & Business Services
 Dept of Human Services (DHS)
 Duckwall-Pooley Fruit
 Durham & Bates Insurance
 Edwards Center Inc
 Family Inspired Recovery
 Foresight Security Consulting, LLC.
 Fortis Construction
 Foster Poultry Farms
 GE Aviation
 Georgia Pacific
 Genentech
 Goodwill
 Gunderson LLC
 Heron Creek
 King County
 Lake Oswego School District
 Leatherman Tool Group
 LIVE LONGER LEBANON
 Marquis Companies
 MedManage
 Microsoft
 Meret[√] Hotel Management
 Morrow County Health Dept
 Mountain Rose Herbs
 NIOSH
 Northwest Human Services
 NW Portland Area Indian Health Board
 OEA Choice Trust
 ON Semiconductor
 OR Dept. of Consumer & Business Services
 OR State Assoc of Occupational Health Nurses
 OR Commission for the Blind
 OR Dept of Consumer & Business Service
 OR Dept of Geology & Mineral Industries
 OR Dept of Human Services, Oregon Health
 OR Education Assoc
 OR State Hospital
 OR Humane Society
 Outside In
 PacificSource Health Plans
 Packaging Corp.
 PCC Addiction Counseling Program
 Portland General Electric
 Portland Parks & Recreation
 Portland Public Schools
 Proliance Orthopedic Associates ASC
 Propel Insurance
 Providence Health & Services
 Public Health Seattle & King County
 Quality Health Solutions
 Red Dot
 R&H Construction
 Sacred Touch Massage
 SAIF
 Salem Keizer Public Schools
 Samaritan Health Services
 Serenity Lane
 Skanska USA
 Special Districts Assoc. of Oregon
 State of OR DCBS OR-OSHA
 State of OR- DCBS - WCD
 State of OR Risk Management
 Trident Seafoods
 Unity Care NW
 University of Washington
 University of Western States
 VA Puget Sound
 University of Zurich
 Vetsource
 Vigor
 Virginia Mason
 WA State Dept of Labor & Industries
 WGU
 Willapa Harbor Health & Rehab

“Through your information I hope to educate all our workers on the best way to improve their sleeping habits and health. I wanted to let you know that what you said had an impact. Keep up the tough fight. We will all improve our lives because of it. Thank you very much.”

— Oregon Pulp and Paper Company

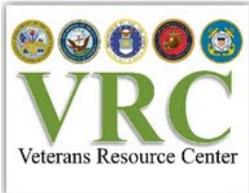
“This was the greatest in terms of presenting the information on TWH in a way that is not overwhelming and makes me feel like it can be accomplished in manageable “bites.” Thank you!”

— Oregon Governor's Safety & Health Conference Attendee

“Can't wait to take this back to my firm. We will talk about this at our safety committee meeting next week!”

— Seattle TWH 101 Attendee

Select Partnering Organizations across Research Projects, 2011-2020

			
			
			
			
			
		<div data-bbox="873 1707 1068 1738" data-label="Section-Header"> <p>CONTACT US</p> </div> <div data-bbox="873 1759 1239 1906" data-label="Text"> <p>Oregon Healthy Workforce Center 3222 SW Research Drive Portland, Oregon 97239 ohsu.edu/ohwc yourworkpath.com</p> </div> <div data-bbox="1206 1850 1446 1896" data-label="Image">  </div>	



COVID RESPONSE

Resources, tools, and knowledge shared with the community



Oregon COVID-19 Construction Task Force | Outreach Director, Dede Montgomery provides technical support to enhance safety, health, and well-being. The task force is a partnership of union and non-union industry professionals, with support from Oregon OSHA. OHWC created a webpage to share task force resources.

Wellness Task Force | Oregon Health & Science University established a COVID Wellness Task Force and asked OHWC Co-Director, Leslie Hammer, PhD and Researcher, David Hurtado, ScD to serve on the task force to develop and evaluate a Wellness Pulse Survey to assess employee psychological health and well-being, workplace experience, and wellness resources.

Region 10 Efforts | Outreach Director, Dede Montgomery was requested by NIOSH to provide COVID-19 industrial hygiene and safety support to workplaces in the Pacific Northwest and Region 10.

Agriculture | OHWC served as technical advisor to several groups and worker advocates in support of safety and health for farmworkers, specifically promoting engineering and behavioral control policies for fields and housing.

Mental Health & Suicide Prevention | Outreach Specialist, Nichole Guilfoxy sits on two separate state and regional committees to support mental health and suicide prevention with a focus on safety, health, well-being during COVID-19.



Visit the [COVID-19 and the World of Work & OHWC website](#) for more information

A MESSAGE FROM OUR DIRECTORS

Our *Total Worker Health*® Center of Excellence has worked to ensure that the most up-to-date resources and information are available to workers and employers throughout COVID-19. That involves drawing on our own expertise in Occupational Health Psychology, Industrial Hygiene, Engineering, Social Epidemiology, and Occupational safety to offer answers and supports to workplaces near and far. Our resources are designed to mitigate the psychosocial stressors employees are facing, such as job insecurity, job demands, family demands, and lack of control, to improve mental health and reduce anxiety.

Our safety resources and guidance are intended to improve workplace safety practices and reduce concerns around fear of exposure. Our translatable interventions target managerial practices, supervisor support, safety communication, and health behaviors.

The interconnectedness between work and home is more evident now than ever. Our Center and home Institute are working hard to provide the most relevant and timely resources during this time of crisis. We see it as our Mission. We see it as our Responsibility.

We hope you all are safe and well,
Leslie Hammer and Ryan Olson, Co-Directors, OHWC

CONTACT US

Oregon Healthy Workforce Center
3222 SW Research Drive
Portland, Oregon, 97239
ohsu.edu/ohwc
yourworkpath.com



Oregon Healthy Workforce Center COVID-19 Resources

Click each resource to learn more



COVID and the World of Work
A resource page sharing evidence-based and curated content, such as videos, trainings, articles, and resources for workforce safety, health, and well-being during the pandemic



Pandemic Response Training for Supervisors /Managers
10 minute online leadership training to provide supervisor and managers with evidence-based strategies to support their workers during the pandemic



COVID-19 Safety Climate Survey
One of the first COVID Safety Climate assessments designed to help organizations evaluate culture, predict outcomes and promote safety and health of employees as they return to work



Oregon COVID-19 Construction Task Force Web Page
Resources developed by the task force to share best practices to help reduce exposure hazards and prevent COVID-19 infection within construction operations



Lead with Empathy during the COVID-19 Crisis
Published news article on the importance of supervisors/managers role modeling self care and how they can support their workforce's well-being



Worker well-being during COVID Video
OHWC Outreach Director, Dede Montgomery discusses a Total Worker Health approach to COVID-19 and the workplace

Oregon and the Workplace Blog

OHWC and Oregon Institute of Occupational Health Sciences at OHSU provides weekly updates on news, events, and resources to enhance workplace safety, health, and well-being. Links to each of OHWC's COVID related blog posts are provided below:

- *Message From Our Directors in Response to the Covid-19 Pandemic*
- *Lead with Empathy during the COVID-19 Crisis*
- *4 Key Strategies to Help Supervisors Support Employee Well-being during Covid-19*
- *Face Coverings On!*
- *New Webpage for Oregon COVID-19 Construction Task Force*
- *What Supervisors/Managers Can Do to Support and Respond to Employees during the COVID-19 Epidemic*
- *The air we breathe: From COVID-19 to Smoke*
- *COVID -19: Oregon Workplace Protections and Resources*
- *Workplace Resources for COVID-19*

For more blogs from OHWC visit, Oregon and the Workplace: blogs.ohsu.edu/occupational-health-sciences



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IMPACT STATEMENT

Significant Outcomes and Lives Touched

Research Footprints & Impacts, 2011-2020

 Recruited 2500+ participants across 10+ industries in the Pacific Northwest	 Published 95+ peer-reviewed manuscripts	 Decreased # of lost work days due to injury ¹	 Decreased 'past 30 day' alcohol consumption ⁴
 Improved slip hazard prevention and safety communication ¹	 Improved team effectiveness ^{2,3} and work-life balance ²	 Improved knowledge of health and safety ^{2-4,7}	 Improved workplace supervisors' attitudes toward Veteran employees ⁵
 Increased fruit and vegetable ^{1,7} and decreased sugary snack and drink consumption ³	 Increased frequency of exercise ^{3,7} and grip strength ¹	 Increased Family Supportive Supervisor Behaviors ^{2,3}	 Increased supervisors' referrals to <i>and</i> employees' use of mental health resources ⁶
 Improved blood pressure ^{2,3} and HDL cholesterol ¹	 Improved sleep duration ^{3,7} and sleep quality ⁵	 Improved BMI, objective weight, waist circumference, and % body fat ⁷	 Improved job performance and reduced turnover intentions and stress ⁵

Additional Lives Touched through Community Outreach, 2016-2020

 Trained 97+ companies through TWH 101 class and symposia	 4,000 + listens to our podcast "What's Work Got To Do With It?"	 9,600 + page views for "YourWorkpath"	 400+ Facebook followers 1060+ Twitter subscribers
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