



SCHEDULE: OCTOBER 26

7:00 - 7:45 Check-in | Breakfast and visit exhibitors - Renaissance Room

7:45 - 8:00 WELCOME - Grand Ballroom

8:00 - 9:20 PANEL - Grand Ballroom

Rapidly changing world of genetic testing: Who, what, when, where and how??

8:00 - 8:20 Rh screening in 1st trimester: Updated guidelines and evidence for shared decision making with patient presenting for miscarriage or abortion - Abby Liberty, M.D., MSPH

8:20 - 8:40 Role of genetic counselors in the OB care team; Care standards for aneuploidy and carrier screening - Lauren Turner, M.S., LCGC

8:40 - 9:00 Complex prenatal screening and diagnostic testing - Allison Allen, M.D.

9:00 - 9:20 - Reproductive genetics: Infertility, RPL and PGT - Elena Burnett, M.S., LCGC

9:20 - 9:40 - Q&A

9:40 - 10:10 Morning break | Visit exhibitors - Renaissance Room

10:10 - 11:10 KEYNOTE - Grand Ballroom

Medicaid and maternal health: Structural determinants of health inequities - Maria I. Rodriguez, M.D., MPH

11:10 - 12:10 DEBATE - Grand Ballroom

Endometriosis: A spirited debate about management strategies - Shanti Mohling, M.D. and Amanda Ecker, M.D.

12:10 - 1:30 LUNCH ROUNDTABLES - Billiard Room

1:30 - 2:30 KEYNOTE - Grand Ballroom

Bowel disorders in women - Sarah Diamond, M.D.

2:30 - 2:40 Afternoon break 1 | Visit exhibitors - Renaissance Room

2:40 - 3:10 Afternoon breakouts: Session 1

3:10 - 3:40 Afternoon break 2 | Visit exhibitors - Renaissance Room

3:40 - 4:10 Afternoon breakouts: Session 2

4:10 - 4:20 Afternoon break 3 | Visit exhibitors - Renaissance Room

4:20 - 4:50 Afternoon breakouts 3: Session 3

5:00 - 6:00 Conference reception - Fortune



BREAKOUT SESSIONS

THURSDAY, OCTOBER 26

2:40 - 3:10 Afternoon breakouts: Session 1

- **Grand Ballroom** | Intrapartum infections - Adam Crosland, M.D., MPH, FACOG
- **Library** | Intersection of perinatal substance use and mental health - Kristen Mackiewicz Seghete, Ph.D, PMH-C
- **Card Room** | Hidradenitis suppurativa - Adrienne Bonham, M.D.

3:40 - 4:10 Afternoon breakouts: Session 2

- **Grand Ballroom** | Vulvar complaints: Common presentations and when to refer to a vulvar specialist - Amie Leaverton, M.D.
- **Library** | Birth plans: Harmful or helpful? - Olivia Kroening-Roche, CNM and Kensie Blodgett - B.S.N, RN, CLC
- **Card Room** | Psychosocial aspects of infertility and assisted reproductive technology - Teni Davoudian, Ph.D, ABPP

4:20 - 4:50 Afternoon breakouts: Session 3

- **Grand Ballroom** | Hypoactive sexual desire disorder - From HSDD to Female Sexual Interest and Arousal Disorder (FSIAD) - Catherine Polan Orzech, M.A., LFMT
- **Library** | Dates, teas and pumps: Exploring the evidence of cervical ripening strategies - Michele Megregian - Ph.D, CNM, FACNM
- **Card Room** | Cervical cancer screening guidelines 2023: Recommendations for specific situations - Emily Griffin, M.D., FACOG





SCHEDULE: OCTOBER 27

7:00 - 7:45 Check-in | Breakfast and visit exhibitors - Renaissance Room

7:45 - 8:00 Welcome - Grand Ballroom

8:00 - 9:20 PANEL - Grand Ballroom

Deciphering pelvic conditions

8:00 - 8:20 Pelvic floor PT - The role in prevention and treatment - Whitney Leipzig, PT, DPT

8:20 - 8:40 Pelvic organ prolapse prevention and treatment - Ian Fields, M.D., MCR

8:40 - 9:00 Chronic pelvic pain - Taking control of a complex diagnosis - Jackie Wong, M.D., MSCR, FACOG

9:00 - 9:20 - Q&A

9:20 - 9:50 Morning break | Visit Exhibitors - Renaissance Room

9:50 - 11:45 HOT TOPIC - Grand Ballroom

Care continues postpartum

9:50 - 10:20 The first twelve months - Extending postpartum care - Irina Rozin Cassimatis, M.D., M.Sc.

10:20 - 10:50 Perinatal and postpartum hypertension management - Kathleen Brookfield, M.D., Ph.D, MPH

10:50 - 11:20 Collaborative Care: An integrated behavioral health model for treating anxiety and depression in the postpartum period and beyond - Liz Shih, M.D.

11:20 - 11:45 - Q&A

11:45 - 1:15 LUNCH TALK - Grand Ballroom

State of the science: Case studies in uterine cancer - Jenna Emerson, M.D.

1:15 - 2:15 PLENARY TALK - Grand Ballroom

Thyroid in pregnancy: The Goldilocks principle - Christina S. Han, M.D.

2:15 - 2:45 Afternoon break 1 | Visit exhibitors - Renaissance Room

2:45 - 3:15 Afternoon breakouts 1

3:15 - 3:30 Afternoon break 2 | Visit exhibitors - Renaissance Room

3:30 - 4:00 Afternoon breakouts 2



47th Annual Pacific Northwest Update in
Obstetrics and Gynecology

BREAKOUT SESSIONS

FRIDAY, OCTOBER 27

2:45 - 3:15 Afternoon breakouts: Session 1

- **Grand Ballroom** | Recurrent pregnancy loss - Sasha Krieg, M.D., Ph.D
- **Library** | Bladder pain syndrome - Lauren Nicola-Ducey, M.D.
- **Card Room** | Cesarean scar ectopic pregnancy: A practical guide to diagnosis and management - Jessica Reid, M.D., MCR

3:30 - 4:00 Afternoon breakouts: Session 2

- **Grand Ballroom** | Reproductive health care in the post-Roe era: An update - Shaalini Ramanadhan, M.D., MCR
- **Library** | Primary ovarian insufficiency - Elizabeth Rubin, M.D., MCR
- **Card Room** | Fecal incontinence - Sandy Hwang Fang, M.D., FACS, FASCRS





EXHIBITORS

We thank the following supporters of the 47th Annual Pacific Northwest Update in Obstetrics and Gynecology. **Complete your raffle card by visiting exhibitors for a chance to win some amazing prizes!** Prizes will be awarded throughout the conference.

Astellas

Bayer

Ceek Women's Health

Ferring Pharmaceuticals

Medtronic

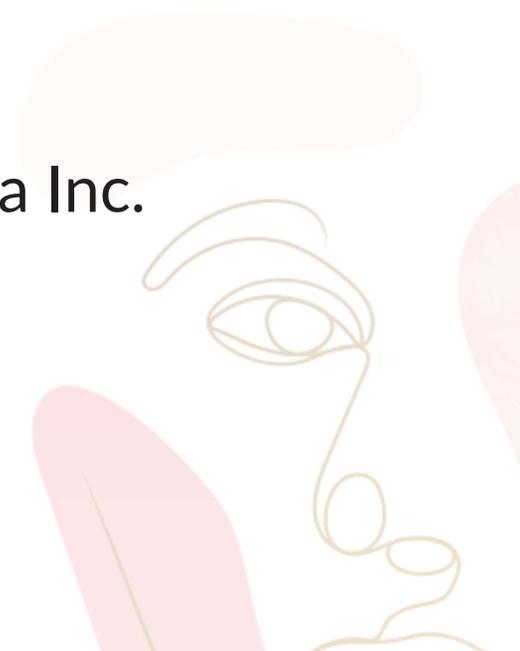
Minerva Surgical

Myriad Genetics

Northwest Permanente

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Sumitomo Pharma America Inc.





GENERAL INFORMATION

WIFI

Choose the **WiFi network:**
sentinel meetings

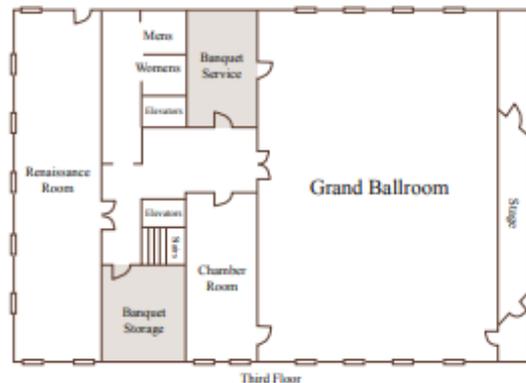
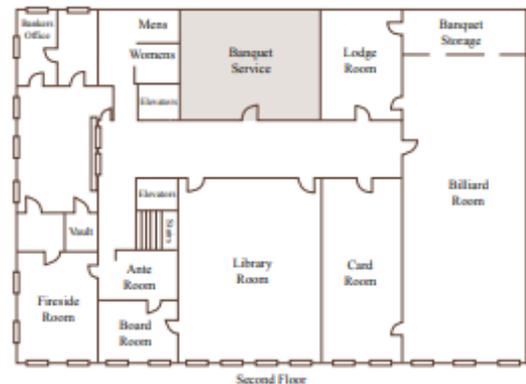
A splash page will open. Click the link
that says “Username/Password” (DO NOT
click “Connect”). Enter the following:

Username: OHSU

Password: welcome

LACTATION SPACE

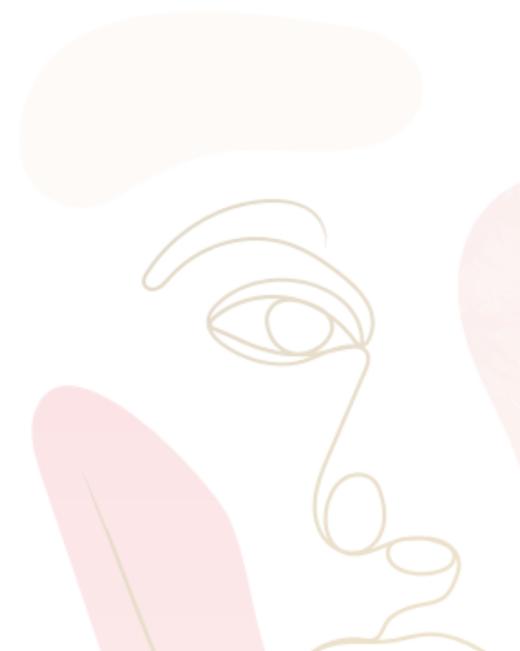
Located on the 2nd floor, behind
the library (Board Room). See map.



EVALUATION AND CREDIT

You will receive an online evaluation and attendance
verification form on Friday afternoon. You must log
your attendance in the form to receive credit.

**The deadline to submit attendance is
November 10, 2023.**



47th Annual Pacific Northwest Update in Obstetrics and Gynecology

October 26th and 27th, 2023

FACULTY DISCLOSURE INFORMATION

In accordance with the requirements of the ACCME's Standards for Integrity and independence in Accredited Continuing Education, each instructor and member of the planning committee has been asked to disclose any relevant financial relationships with ineligible companies (defined as: any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients). All of the relevant financial relationships listed for these individuals have been mitigated.

PROGRAM PLANNING COMMITTEE

Paula Amato, M.D., M.C.R.	Nothing to Disclose			
Irina Cassimatis, M.D. MSc	Nothing to Disclose			
Aaron Caughey, M.D., Ph.D.	Nothing to Disclose			
Teni Davoudian, Ph.D.	Nothing to Disclose			
Amanda Ecker,	Nothing to Disclose			
Cathy Emeis, Ph.D., C.N.M.	Nothing to Disclose			
Jenna Emerson, M.D., FACOG	Nothing to Disclose			
Ian Fields, M.D.	Nothing to Disclose			
Michele Megregian, C.N.M.	Name of commercial interest	What is the relationship?		What was received?
	Organon	Speaker	Trainer	Honorarium
Jessica Reid,	Nothing to Disclose			
Amy Valent, D.O.	Nothing to Disclose			

INSTRUCTORS/MODERATORS

Allison Allen, M.D.	Nothing to Disclose		
Kensie Blodgett, RN	Nothing to Disclose		
Adrienne Bonhman, M.D.	Name of commercial interest	What is the relationship?	What was received?

	SPM Therapeutics	Consultant	Consulting Fees
Kathleen Brookfield,	Nothing to Disclose		
Elena Burnett, M.S., CGC	Nothing to Disclose		
Irina Cassimatis, M.D., MSc	Nothing to Disclose		
Adam Crosland, M.D., MPH	Nothing to Disclose		
Teni Davoudian, Ph.D.	Nothing to Disclose		
Sarah Diamond, M.D.	Nothing to Disclose		
Amanda Ecker,	Nothing to Disclose		
Jenna Emerson, M.D. FACOG	Nothing to Disclose		
Sandy Fang, M.D.	Nothing to Disclose		
Ian Fields, M.D.	Nothing to Disclose		
Emily Griffin, M.D., FACOG	Nothing to Disclose		
Christina Han, M.D.	Nothing to Disclose		
Sacha Krieg, M.D., Ph.D.	Nothing to Disclose		
Olivia Kroening-Roche, M.S.	Nothing to Disclose		
Amie Leaverton, M.D.	Nothing to Disclose		
Whitney Leipzig, PT, DPT	Nothing to Disclose		
Abby Liberty, M.D.	Nothing to Disclose		
Kristen Mackiewicz Seghete, Ph.D.	Nothing to Disclose		
Michele Megregian, CNM	Name of commercial interest	What is the relationship ?	What was received?
	Organon	Speaker	Honorarium
Shanti Mohling, M.D.	Name of commercial interest	What is the relationship ?	What was received?
	Intuitive	Speaker	Consultant
Lauren Nicola-Ducey, MD	Nothing to Disclose		
Catherine Polan Orzech, M.D. LMFT	Nothing to Disclose		
Shaalini Ramanadhan, M.D.	Nothing to Disclose		
Jessica Reid,	Nothing to Disclose		
Maria Rodriguez, M.D.	Name of commercial interest	What is the relationship?	What was received?
	ACOG	Consultant	Honorarium
	Merck	Consultant	Honorarium
Elizabeth Rubin, M.D.	Nothing to Disclose		
Elizabeth Shih,	Nothing to Disclose		
Lauren Turner, MS, CGC	Nothing to Disclose		
Jacqueline Wong, M.D.	Nothing to Disclose		