



# Let's Talk About Sex! And Education for Disability:

Developing Comprehensive and  
Disability-Inclusive Sexual and  
Reproductive Health Education



## Introducing: Robin Wilson-Beattie

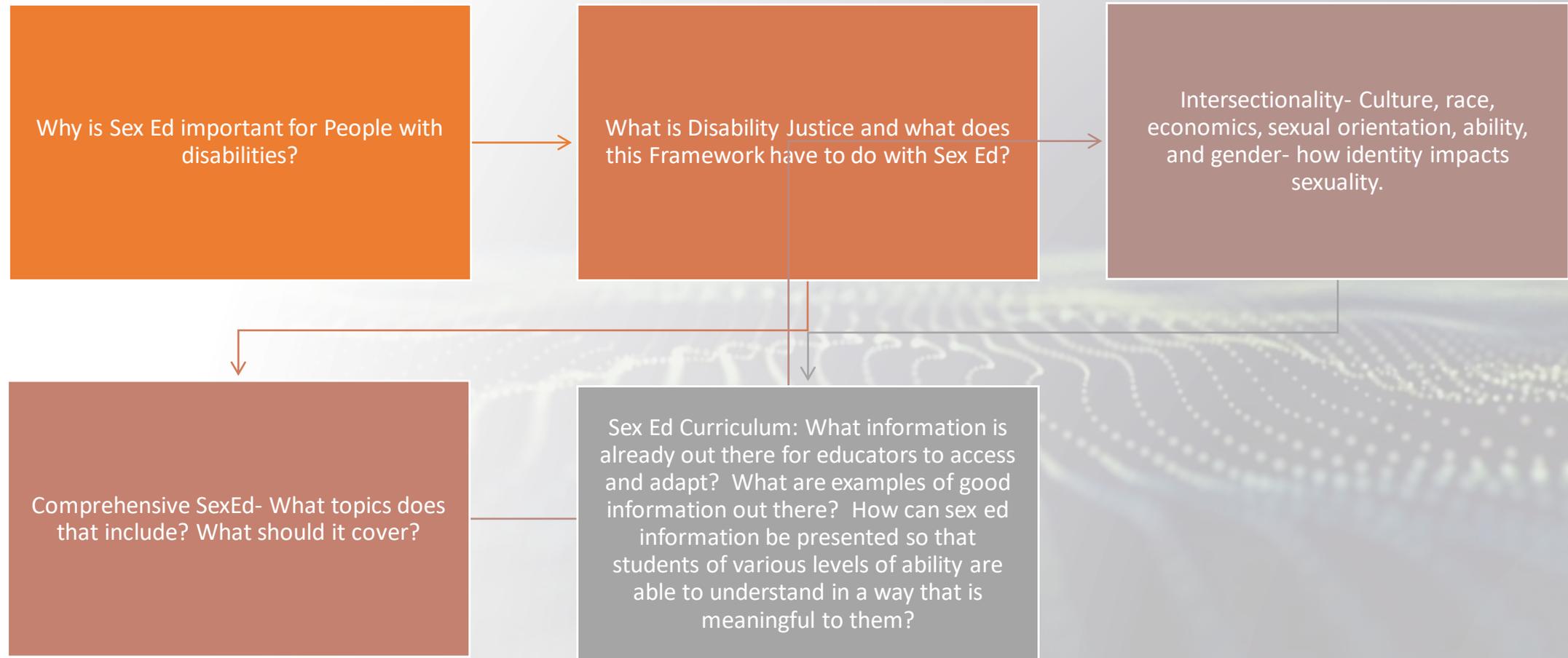
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# What's in the Webinar?



# Why Is Disability Inclusive Sex Education Important ?

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The same reasons it matters for non-disabled folks- sex ed is important for all

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Many ID/DD people lack information on parenthood, birth control, and STIs

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Less education = increased rates of abuse  
<https://www.childwelfare.gov/pubPDFs/focus.pdf>

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Sex ed helps prepare for life in the future

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People have the right to learn about their bodies and sexuality!

[WATCH: Amaze Disability and Sexuality Video](#)



# Disability Justice: Nothing About Us, Without \*All\* of Us



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[Watch: Video of Patty Berne and Stacey Milbern " Ableism is The Bane of My Motherfuckin' Existence"](#)

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## 10 PRINCIPLES OF DISABILITY JUSTICE

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INTERSECTIONALITY "We do not live single issue lives" –Audre Lorde.

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LEADERSHIP OF THOSE MOST IMPACTED

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ANTI-CAPITALIST POLITIC

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COMMITMENT TO CROSS-MOVEMENT ORGANIZING

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RECOGNIZING WHOLENESS

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SUSTAINABILITY

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COMMITMENT TO CROSS-DISABILITY SOLIDARITY

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INTERDEPENDENCE

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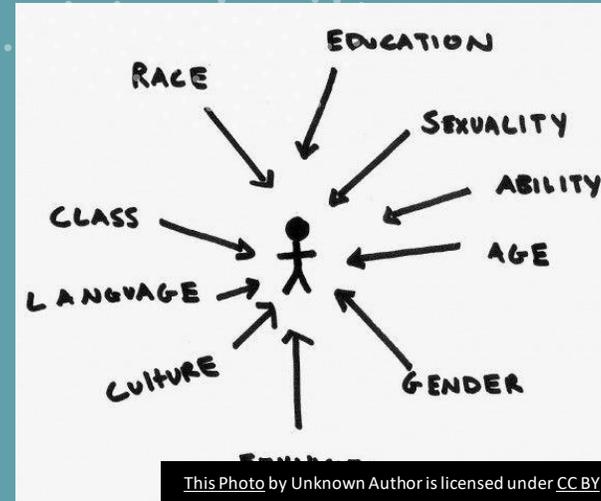
COLLECTIVE ACCESS

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COLLECTIVE LIBERATION

# Disability, Identity and It's Impact: Intersectionality

- Intersectionality: marginalized identities of a person- race, gender, disability, ethnicity, LGBTQIA orientation- overlap and impact a person's interaction and how they are viewed in society



# Race, sexuality, and bodily autonomy

- Bodily autonomy is particularly vital for BIPOC communities, who have faced racism, discrimination, violence, and trauma throughout history and into the present.
- Medical Establishment plays a role in this intersectional violence towards BIPOC bodies: ie reproductive coercion, forced sterilization, unethical experimentation, and ongoing discrimination and bias



# 5-minute Break 😊

5 minute break

# What Should Comprehensive Sex Ed Include?

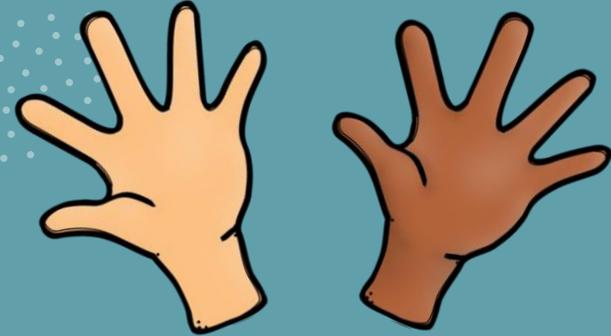
- ***People with disabilities are sexual and express their sexuality in ways that are as diverse as everyone else.***
- ***The humanity and independence of people with disabilities should be respected.***
- ***Education and skill practice are key to promoting healthy and mutually respectful behavior, regardless of the young person's abilities.***
- ***People with disabilities have the right to make decisions about becoming parents***
- ***Learning about sexual health is a necessity, not a luxury, for all of us.***



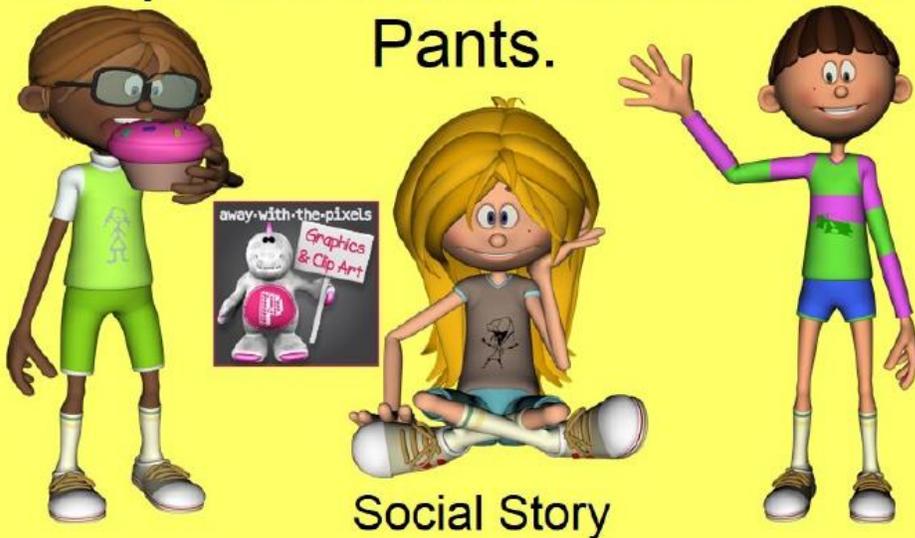
# Name – not shame!



My Good Hands



Keep Your Hands Out Of Your  
Pants.



Social Story

- Social stories: Good ways to share daily reminders of sexual health information with ID/DD students, – particularly around public masturbation.
- Compare and Contrast : My Good Hands and Keep Your Hands Out of Your Pants

# Comprehensive SexEd Considerations



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Adapt Existing Curricula

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Allow additional time

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Step by Step Instruction

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Repeat/reinforce often

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Practice skills

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Include information on body parts, puberty, personal care and hygiene, medical examinations, social skills, self-esteem, sexual expression, contraception and rights and responsibilities of sexual behavior

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Use : Large Print, Captioning in videos, Suction cups on bottoms of models if using

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Using a lot of pictures and hands-on activities Biologically and age-appropriate information in a cognitively appropriate way

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Assistive technology for learning (condom demonstration models; latex and scent free equipment

# Lessons and Plans – What's Out There?



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[Advocates for Youth Resources for Educators](#)

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[Sexuality For All Abilities](#)

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[Elevatus Training](#)

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[FLASH Lesson Plans for Special Education](#)

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[Teachers Pay Teachers Masturbation worksheets](#)

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[Sexuality and developmental disability: a guide for parents](#)

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[Friendships and Dating](#)

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[Watch: Sex Ed for People With Disabilities:Series Introduction](#)

# Resources and Bibliography

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