



School of
NURSING

Oregon Health & Science University School of Nursing Street Nursing Team
Undergraduate Nursing Education Competencies for Care of People Experiencing
Homelessness (PEH)



AACN Essentials Domains: Person-centered Care (2), Population Health (3) Interprofessional Partnerships (6), Professionalism (9), Personal, Professional, and Leadership Development (10)

Key Competencies	Knowledge Sub-Competency	Skills Sub-Competency	Attributes Sub-Competency	Content, Concepts, and Learning Experiences	Relevant Essentials Core Competency
1. Provide respectful, compassionate, person-centered care for people experiencing homelessness (PEH)	<ol style="list-style-type: none"> Discuss how bias, trauma, and stigma influence health and care access/ utilization for PEH and related complex conditions, including mental health and substance use disorders. Describe the current statistics related to homelessness. Discuss risk factors and causes of homelessness. Describe the major health risks and health conditions commonly seen with PEH. 	<ol style="list-style-type: none"> Communicate effectively verbally and non-verbally with PEH Establish positive therapeutic relationship with PEH Utilize motivational interviewing techniques to assist clients in meeting their desired health goals 	<ol style="list-style-type: none"> Demonstrate a commitment to person-centered, compassionate care with PEH. Demonstrate an awareness of self and how one's attitudes, beliefs and biases impact their practice. Express an authentic, empathetic, and nonjudgmental attitude. Integrate an understanding of the personal experiences of PEH into one's practice 	Therapeutic communication Lived experience of homelessness Bias and stigma mitigation Motivational interviewing basics and with more complex clients County, state and national statistic sources on PEH Individual and systemic causes of homelessness Major health risks of PEH Clinical experiences with PEH	<ol style="list-style-type: none"> Engage with the individual in establishing a caring relationship Communicate effectively with individuals. Demonstrate an ethical comportment in one's practice reflective of nursing's mission to society. Employ participatory approach to nursing care Integrate diversity, equity, and inclusion as core to one's professional identity.
2. Evaluate clients for social determinants of health needs, including housing status and related aspects of safety, access to food,	<ol style="list-style-type: none"> Describe how social determinants of health impact health outcomes. Discuss the history of the opioid public health crisis 	<ol style="list-style-type: none"> Identify with client relevant priorities for PEH, such as housing and unmet complex needs. Complete an accurate physical, 	<ol style="list-style-type: none"> Integrate client values, preferences, and goals for their health and well-being into plan of care. 	Understanding of SDOH, intersectionality, ACES Public health crisis of homelessness and opioid addiction and	<ol style="list-style-type: none"> Integrate assessment skills in practice Diagnose actual or potential health problems and needs.

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social support and other relevant domains	<p>3. Describe the prevalence and potential effects of common substances including methamphetamine, opioids, alcohol, benzodiazepines, and marijuana.</p> <p>4. Discuss care access and navigation in addressing health of PEH, including low barrier approaches to health care and social services</p>	<p>mental health, and psychosocial risk assessment.</p> <p>3. Develop a care management plan in collaboration with client.</p>		<p>other common substances</p> <p>Structural racism</p> <p>Structural vulnerability assessment</p> <p>Clinical experiences with PEH</p>	<p>2.5 Develop a plan of care.</p> <p>2.6 Demonstrate accountability for care delivery.</p> <p>2.7 Evaluate outcomes of care</p> <p>2.8 Promote self-care management.</p>
3. Collaborate with client and appropriate Interprofessional community members to optimize health in PEH	<p>1. Identify principles and benefits of harm reduction</p> <p>2. Identify principles of trauma-informed care</p> <p>3. Identify the nurse's role in the Interprofessional approach to care and care coordination for PEH</p> <p>4. Identify local community resources available to meet the needs of PEH</p> <p>5. Identify stressors that providers may experience caring for PEH.</p> <p>6. Describe personal safety measures for practicing in a variety of settings.</p>	<p>1. Apply methods and tools of harm reduction to PEH and clients with SUD in a variety of settings.</p> <p>2. Co-create a safety plan with clients as appropriate</p> <p>3. Implement a person-centered care plan for PEH or clients with SUD.</p> <p>4. Implement a self-care plan that promotes personal safety, well-being, and resiliency.</p> <p>5. Demonstrate trauma-informed care approaches.</p> <p>6. Identify, contact, and collaborate</p>	<p>1. Facilitate an environment of respect and collegiality with community-based organizations and partners.</p>	<p>Connection to community resources</p> <p>Care coordination</p> <p>Models of care for PEH (mobile health, street health)</p> <p>Harm reduction history and principles</p> <p>Trauma Informed Care</p> <p>Substance Use Disorder (SUD)</p> <p>Wound care</p> <p>Staff-burnout and impact on care</p> <p>Moral distress</p> <p>Grief</p> <p>Tools for self-care</p> <p>Safety Plan</p> <p>Boundaries for a healthy, sustainable practice</p> <p>Clinical experiences with PEH</p>	<p>2.9 Provide care coordination</p> <p>6.1 Communicate in a manner that facilitates a partnership approach to quality care delivery</p> <p>6.2 Perform effectively in different team roles, using principles and values of team dynamics.</p> <p>6.3 Use knowledge of nursing and other professions to address healthcare needs</p> <p>6.4 Work with other professions to maintain a climate of mutual learning, respect, and shared values.</p>

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		with appropriate local service providers to support client priorities.			10.1. Demonstrate a commitment to personal health and well-being.
4. Advocate for improved health for PEH	<ol style="list-style-type: none"> 1. Identify service gaps and barriers to care for PEH 2. Describe best practices in advocacy 	<ol style="list-style-type: none"> 1. Advocate for PEH in navigating healthcare access. 2. Advocate against stigma, bias, and discrimination 	<ol style="list-style-type: none"> 1. Recognize client's strengths 2. Demonstrate the ability to empower clients. 	Gaps in care for PEH Barriers to care Housing and health care system policies System violence Advocacy skills Individual, system, and socio-political advocacy	<ol style="list-style-type: none"> 3.4 Advance equitable population health policy 3.5 Demonstrate advocacy strategies.

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