

Identity, Power, AND Positionality

ALEXANDER MANSOUR, MPH

CIRILA ESTELA VAZQUEZ

GUZMAN, PHD MCR

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### group agreements

- Orient to "I" statements
- Allow yourself to be real
- Assume good intentions...... and own your impact
- Be a skateboarder



### agenda



Intro



Making Power Discussable



**Identity Mapping** 

(INDIVIDUAL ACTIVITY)



Power & Positionality



Positionality Mapping

(SMALL GROUP ACTIVITY)

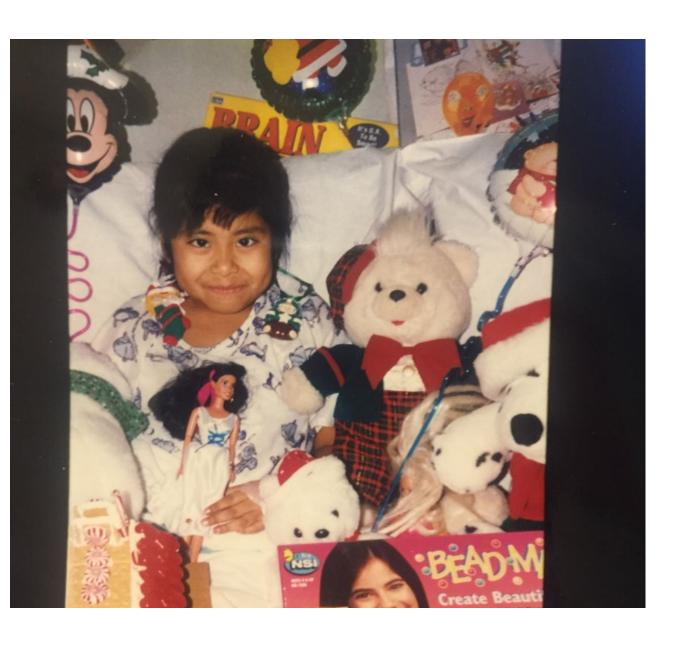
Building upon **Positionality** to create inclusive spaces in healthcare & leadership







## Why I'm here...



## Why I'm here...

# Recognize the structural determinants of Inclusivity

By design people/communities/groups are underrepresented and silenced therefore it is a <u>radical act to create inclusive spaces</u>







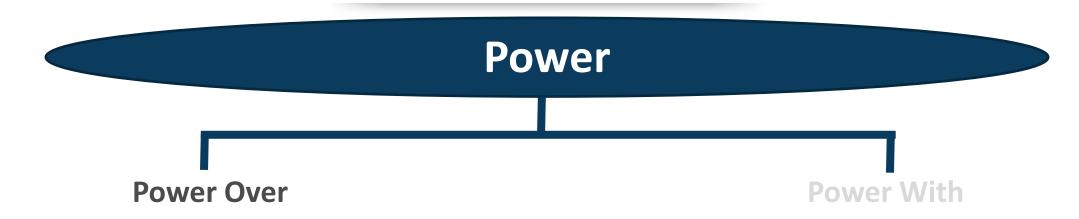






what is power?

### one way to look at leadership...



#### **How It Feels**

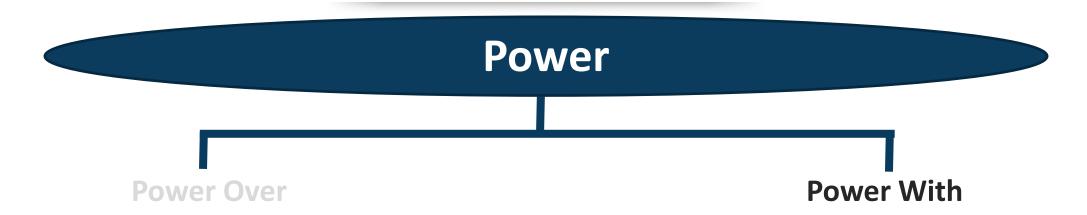
- Disempowering
- Dehumanizing
- Disconnected
- Performative expressions



# impacts of power-over leadership

- **Empathy** decreases (Keltner, 2016)
- Neural pathways for empathy decrease (Obhi, 2014)
- **Communication, team effectiveness, patient safety** significantly decrease (Kearns, 2021)

### moving towards power-with leadership...



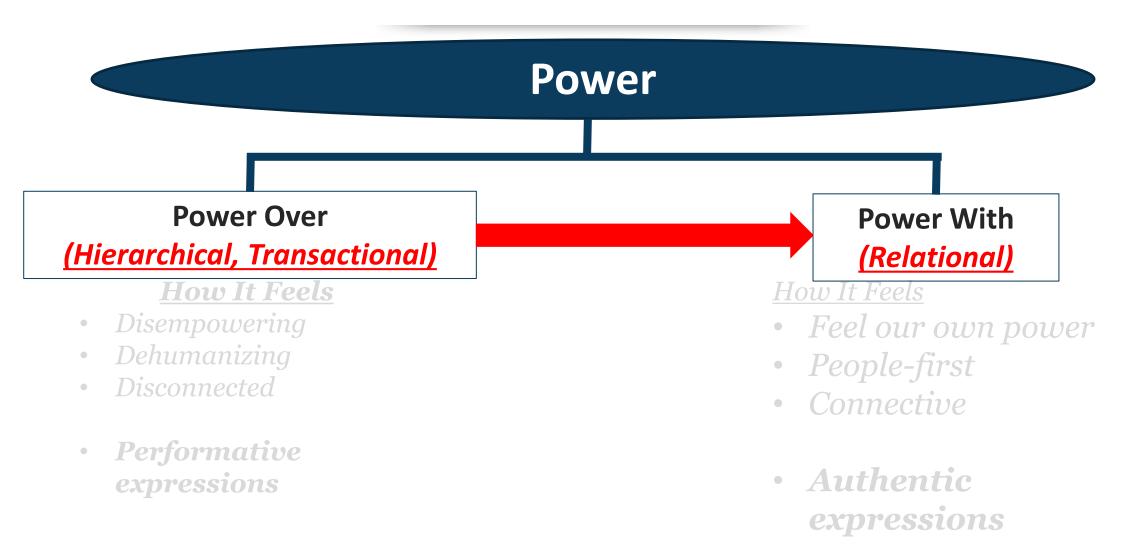
#### **How It Feels**

- Disempowering
- Dehumanizing
- Disconnected
- Performative expressions

#### **How It Feels**

- Feel our own power
- People-first
- Connective
- Authentic expressions

### moving towards power-with leadership...

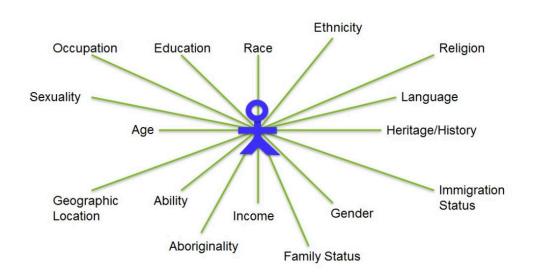




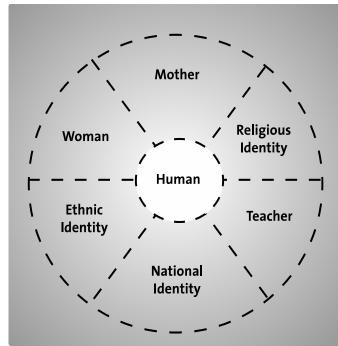
what is identity?

### Positionality "Wheels"

### Identity + Power = positionality







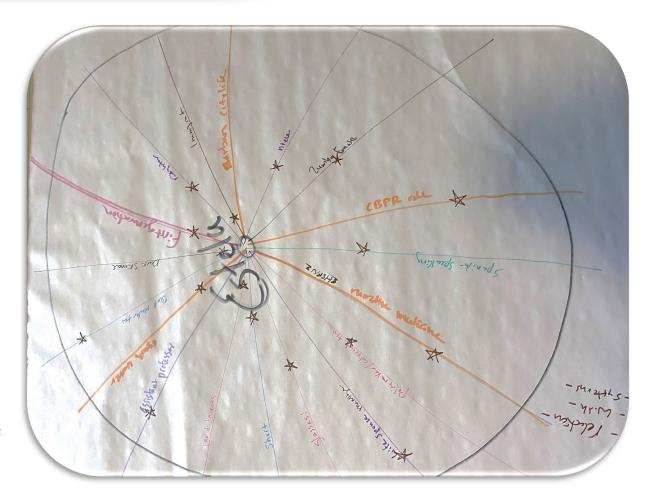


# What assumptions can you make of me by looking at me virtually?

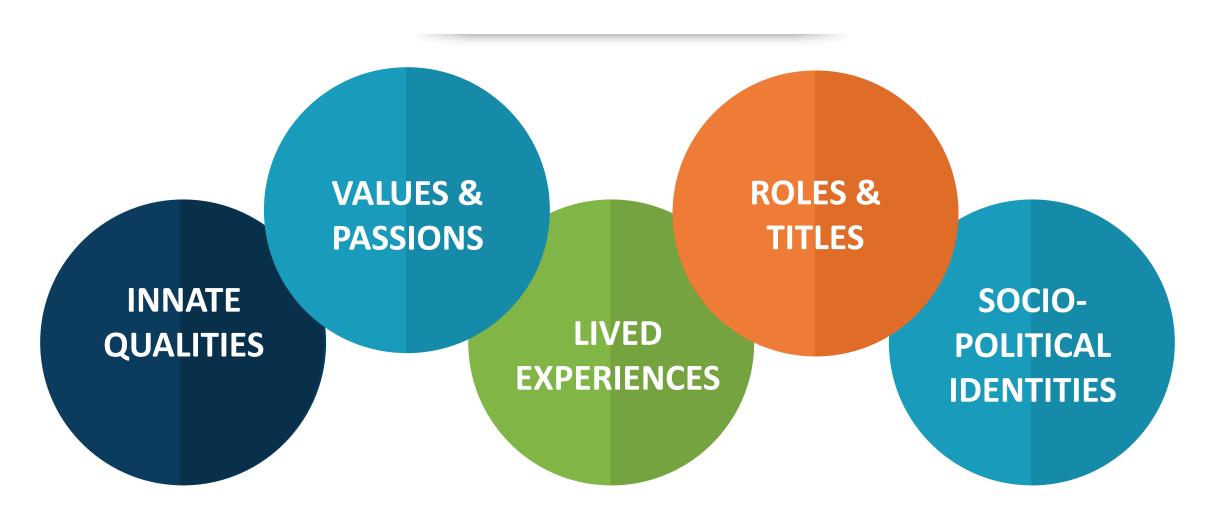
### Cirila Estela Vasquez Guzman, PhD, MCR

- Spanish Speaking
- CBPR researcher
- Zumba fanatic
- Niece
- Daughter
- Urban city life
- Immigrant
- First generation

- Dark skinned
- Assistant professor
- Fear of insects
- Short
- Glasses
- Married
- Bold policy advocate



### Aspects of identity...



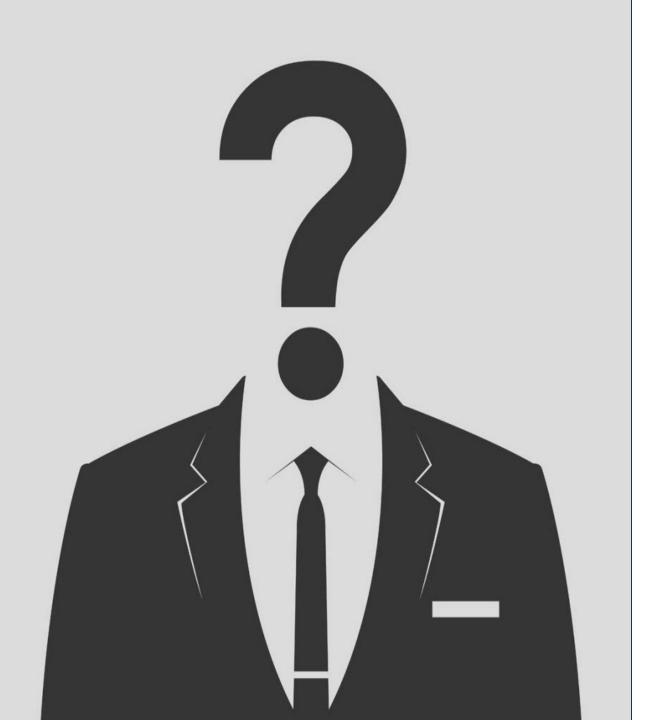
# the complexity of identity...

visibility

fluctuation

intersectionality



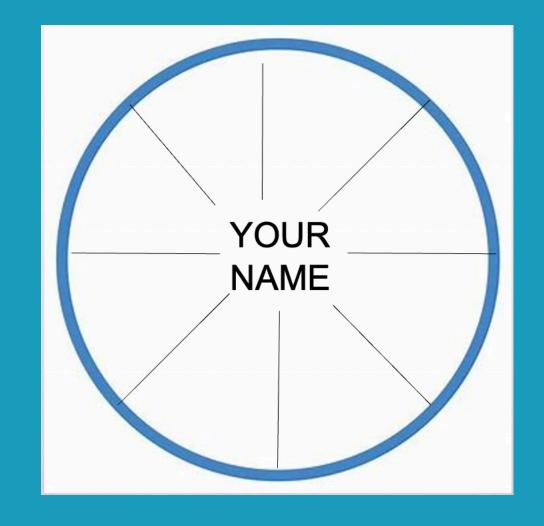


### what is identity?

individual & collective self-ascribed & assigned

# IDENTITY\* MAPPING

INDIVIDUAL REFLECTION



## IDENTITY MAPPING

#### INDIVIDUAL REFLECTION

### Consider:

- Racial, ethnic, tribal backgrounds
- Gender identity
- Sexual orientation
- Ability status
- Socioeconomic class
- Academic background
- Professional role
- First language
- Political ideology
- Religious affiliation
- Married/partnered status

- Where you are from
- Where your parents are from
- Where you currently live
- Hobbies, interests
- Groups/teams/clubs you're a part of
- Schools you've attended
- Family roles (e.g., parent, sibling, child)
- Introversion/Extroversion
- Housing status
- Transportation access
- Others?

### what is power?

the ability to achieve purpose



### **POWER** to transform

Ability to control others, events, or resources; to make happen what one wants to happen in spite of obstacles, resistance, or opposition.

Vs.

Ability to mobilize our social relationships, networks, & social capital WITH others.
Coordinating human activity and resources to accomplish goals

YOU HAVE POWER!



Intillences wealth gender race positionality Class sexuality

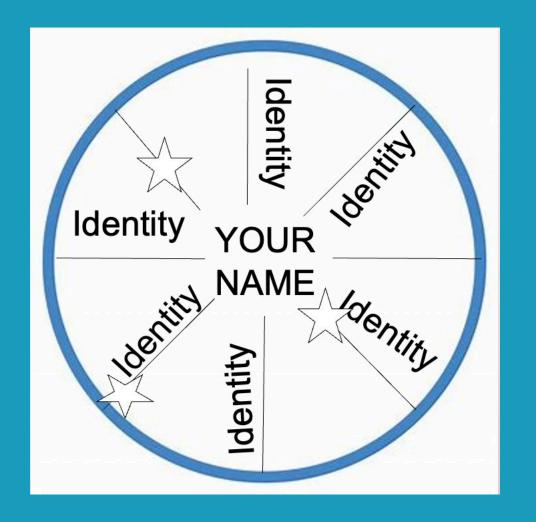
### social positions

positionality

positional awareness

# POSITIONALITY MAPPING

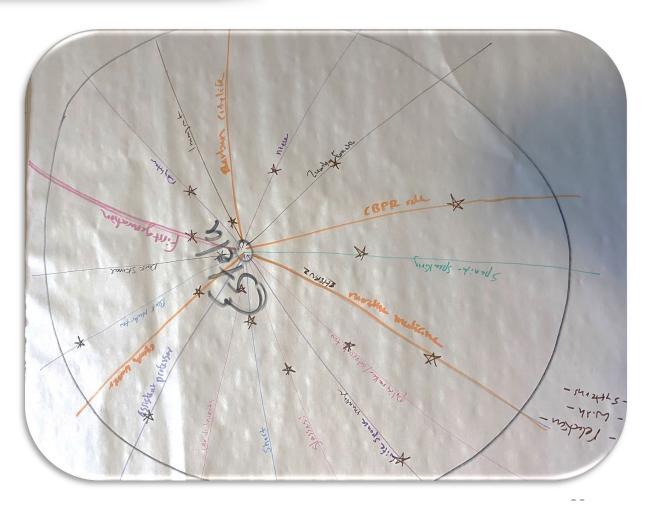
INDIVIDUAL REFLECTION



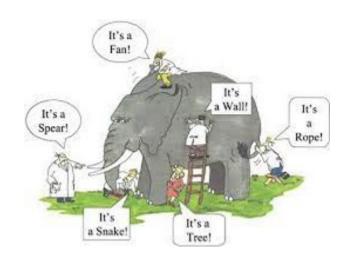
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### How to uplift Positionality in Healthcare & Leadership?







# SMALL GROUP

What identities are **most important** to you in your professional and/or leadership roles?

What identities are <u>most noticed by others</u> in your professional and/or leadership roles?

What identities have **given you power** and have **reduced your power** in your professional and/or leadership roles?





### Tools to add to your toolbox moving forward

#### Think HATS!!!

Be **Honest** 

Make it **Actionable** 

Make it **Transparent** 

Be **Specific** 

