

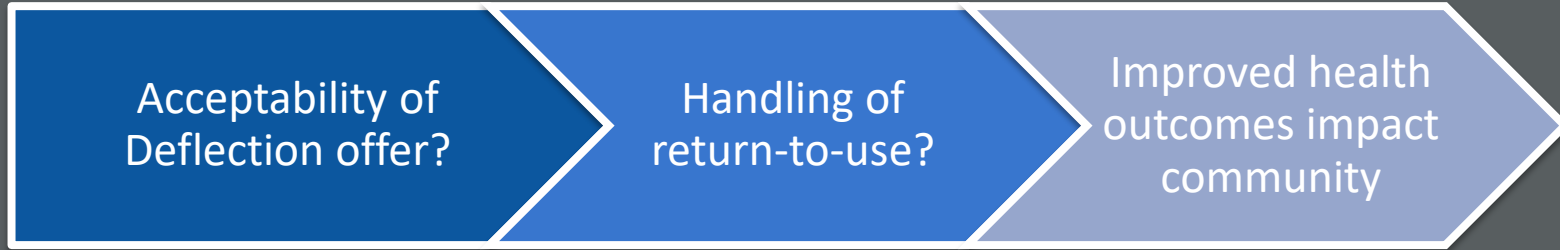


The Non-Abstinent Participant in Deflection

DATE: Feb 19, 2025

PRESENTED BY: Dan Hoover, MD | Assistant Professor | OHSU Section of Addiction Medicine

Questions...



Recovery

- **For participants:** how are the goals of deflection described?
 - At officer encounter?
 - At deflection team intake?
- **For the community:** what's the understanding of engagement = success?
- **For deflection team / providers:** how to measure health improvement?



ASAM American Society of
Addiction Medicine

Engagement and Retention of Nonabstinent Patients in Substance Use Treatment

Clinical Consideration for Addiction Treatment Providers

https://downloads.asam.org/sitefinity-production-blobs/docs/default-source/guidelines/asam_engagement-and-retention-of-nonabstinent-patients_final_082624.pdf?sfvrsn=b01862ba_1



ASAM American Society of
Addiction Medicine

Despite the low rates of treatment participation, patients are regularly dissuaded from initiating treatment until they are willing and able to commit to sustained abstinence from all substances. All too often, patients are administratively discharged from SUD treatment programs if they resume substance use.⁵⁻⁷ In essence, patients are denied admission to and/or discharged from care for exhibiting symptoms of the disease for which they need treatment. These practices are inconsistent with our understanding of addiction as a chronic disease.^{7,8}

https://downloads.asam.org/sitefinity-production-blobs/docs/default-source/guidelines/asam_engagement-and-retention-of-nonabstinent-patients_final_082624.pdf?sfvrsn=b01862ba_1

An Expansion in Addiction-Care Research

Classic metrics of:

- Engagement in Treatment
- Abstinence by Urine Drug Testing

Narrow focus; fails to assess the many domains of life affected by addiction

Brief Addiction Monitor

- 17 item questionnaire
- Multi-dimensional
- Can be incorporated into group SUD-treatment sessions

Cacciola, J. S., et al. (2013). "Development and initial evaluation of the Brief Addiction Monitor (BAM)." Journal of Substance Abuse Treatment **44**(3): 256-263.



BAM Content: Domains & Items

<i>Substance Use</i>	<i>Risk Factors</i>	<i>Protective Factors</i>
Any alcohol use	Craving	Self-efficacy
Heavy alcohol use	Sleep problems	Self-help
Drug use	Mood	Religion/spirituality
	Risky situations	Work, school
	Family/social problems	Income
	Physical health	Social supports for recovery

Slide Courtesy of the
Philadelphia CESATE James R. McKay, Ph.D., Director

Treatment Effectiveness Assessment (TEA)

- Brief
- Simple
- Easy to administer

Ling, W., et al. (2012). "The Treatment Effectiveness Assessment (TEA): an efficient, patient-centered instrument for evaluating progress in recovery from addiction." Substance Abuse and Rehabilitation: 129.

Treatment Effectiveness Assessment (TEA)

The TEA asks you to express the extent of changes for the better from your involvement in the program to this point (or how things are if it's your first TEA or baseline) in four areas: substance use, health, lifestyle, and community. For each area, think about how things have become better and circle the results on the scale below: the more you have improved, the higher the number – from 1 (not better at all) to 10 (very much better). In each area write down the one or two changes most important to you in the Remarks section. Feel free to use the back of this page to add details, explain remarks, and make comments.

Substance use: How much better are you with drug and alcohol use? Consider the frequency and amount of use, money spent on drugs, amount of drug craving, time spent being loaded, being sick, in trouble and in other drug-using activities, etc.

None or not much			Better				Much better		
1	2	3	4	5	6	7	8	9	10

Remarks:

Health: Has your health improved? In what way and how much? Think about your physical and mental health: Are you eating and sleeping properly, exercising, taking care of health problems or dental problems, feeling better about yourself, etc?

None or not much			Better				Much better		
1	2	3	4	5	6	7	8	9	10

Remarks:

Lifestyle: How much better are you in taking care of personal responsibilities? Think about your living conditions, family situation, employment, relationships: Are you paying your bills? Following through with your personal or professional commitments?

None or not much			Better				Much better		
1	2	3	4	5	6	7	8	9	10

Remarks:

Community: Are you a better member of the community? Think about things like obeying laws and meeting your responsibilities to society: Do your actions have positive or negative impacts on other people?

No or not much			Better				Much better		
1	2	3	4	5	6	7	8	9	10

Remarks:

Name: _____ Date: _____ First TEA?: []

Figure S1 Sample Treatment Effectiveness Assessment (TEA).

ECHO Agreements

- Everyone has a valuable perspective; “all teach, all learn”
- Introduce self, role
- Limit comments to 1-2 minutes generally
- If you’re quiet, please speak up. If you’re loud, consider listening more



ECHO Discussion

- **For participants:** how are the goals of deflection described?
 - What is influencing the acceptability of deflection?
- **For the community:** what's the understanding of engagement = success?
- **For deflection team / providers:**
 - How are you responding to return-to-use situations?
 - How do you measure health improvement over time?