

Learning Activity: Outreach Debriefing Guide

Description of Activity:	This debriefing guide incorporates key concepts from street medicine with the unique perspective of the street nurse. It can be applied to outreach work with any marginalized population. Students or faculty can select questions that address themes from the day to personalize the discussion.					
Keywords:	Reflection, debriefing, nursing presence, barriers, TVIC, harm reduction, motivational interviewing, self-care.					
Type of activity	<input type="checkbox"/> Didactic <input checked="" type="checkbox"/> Simulation <input checked="" type="checkbox"/> Clinical	Recommendation on when introduced in curriculum?	<input type="checkbox"/> Early <input checked="" type="checkbox"/> Mid <input checked="" type="checkbox"/> End	Suggested Course:	<input checked="" type="checkbox"/> Health Promotion /Assessment/ Fundamentals <input checked="" type="checkbox"/> Acute care <input checked="" type="checkbox"/> Chronic care <input type="checkbox"/> Pharmacology	<input checked="" type="checkbox"/> Population/ Community health <input type="checkbox"/> Leadership <input type="checkbox"/> Other:
Competency addressed:	<input checked="" type="checkbox"/> 1. Provide respectful, compassionate, person-centered care for people experiencing homelessness (PEH) <input type="checkbox"/> 2. Evaluate clients for social determinants of health needs, including housing status and related aspects of safety, access to food, social support and other relevant domains <input type="checkbox"/> 3. Collaborate with client and appropriate Interprofessional community members to optimize health in PEH <input type="checkbox"/> 4. Advocate for improved health for PEH					
Learning Activity:	<p>These prompts can be printed and laminated onto cards for quick utilization in the field for post clinical debriefing.</p> <p>Topic: Self-Care for Nurses</p> <ul style="list-style-type: none"> • What strategies do you use to get centered and exhibit presence with others on the street? • What was difficult or traumatic today? Were there times you did not feel emotionally safe? • Do approaches with humility change the tone of patient/nurse interactions? How could this relate to resilience for your practice? • Hearing stories of trauma impact our psyche, what will you do today to care for yourself? <p>Topic: Nursing Presence</p> <ul style="list-style-type: none"> • How does the team use Presence to create a safe space for engagement with individuals today? • What actions did you or the street nurse take that were humanizing or countered common stigma? • What nonverbal behaviors by the nurse or team expressed empathy and connection? • True presence, as defined by the nursing theorist Parse (Carroll, 2024), honors the dignity of other human beings by moving beyond labels and diagnoses to honoring an individual's knowledge of their path and priorities. How did you view or practice nursing today? • How does the nursing outreach team use nursing presence to create a safe space for engagement with people experiencing homelessness? 					

Topic: Reality-Based Care and Addressing Access Barriers

- What barriers do your patients face when accessing health care?
- How do social and emotional factors influence access to and adherence to care?
- Was a barrier to care addressed or removed by the street nurses? Have you seen these barriers acknowledged and addressed from the acute care setting?
- Provide an example of how you would incorporate this approach into bedside care.

Topic: Tri-Morbidity

- What did the nurse prioritize from the physical, mental health, substance use, and trauma perspectives?
- What were the patient's priorities and how did the nurse respond?
- How do multiple comorbidities and social factors influence labels from health care providers of noncompliance?
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Topic: Medical Topics

- What diagnosis and medical treatment issues did we see in the field today that are unique to street nursing or healthcare for the homeless?
- How did the academic clinical partnership influence the patient's medical care? What about additional community partnerships that address social factors of health?
- Provide an SBAR summary of your encounter with a patient referred to the clinic or hospital.

Topic: Harm Reduction, Moving Beyond Stigma to Care

- Describe a harm reduction technique or strategy that you observed.
- What was the outcome and how does it benefit the patient?
- A common misconception of harm reduction is that it enables the patient to continue to use drugs. After seeing HR approaches in action, reflect on this belief. Was the patient empowered to care more for their health?
- How could you practice harm reduction in the acute care setting?

Topic: Trauma and Violence Informed Care

- Describe any TVIC strategies that you observed.
- How do trauma-informed care and a strengths-based approach relate?
- Did you utilize or observe continuous positive regard?
- What topics may risk re-traumatization of patients?

Topic: Motivational Interviewing

- What conversations involved assessing readiness to change? Where do you think your patient landed on the Readiness to Change ruler?
- Why is acknowledgment of the patient's goal essential?
- If your patient is motivated to change, how can the nurse support the next steps?

Topic: Self-Care for Nurses

- What strategies do you use to get centered and exhibit presence with others on the street?
 - What was difficult or traumatic?
 - Do approaches with humility change the tone of patient/nurse interactions? How could this relate to resilience for your practice?
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	<ul style="list-style-type: none"> What will you do today to care for yourself?
Time Required:	20-40 minutes, post clinical and/or simulation.
Preparation of the student:	Standard preparation for clinical experience.
Resources:	<p>Carroll, K. (2024). Living the Art of Nursing. <i>Nursing Science Quarterly</i>, 37(1), 25-28. https://doi.org/10.1177/0894318423120737</p> <p>EQUIP Health Care (n.d.). Trauma and Violence Informed Care. Retrieved December 2, 2024, from https://equiphealthcare.ca/resources/trauma-and-violence-informed-care/</p> <p>Venice Family Clinic (n.d.). <i>Venice Family Clinic: Street Medicine Curriculum</i>. https://venicefamilyclinic.org/street-medicine/download-curriculum/</p>
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